



Ongoing Training

Suicide Prevention Course

- QPR: Question, Persuade, Refer
 - We strongly urge you to take part in the QPR on-line training course to learn how to help your community
 - **Please DO NOT forward this link. Training is for Putnam County MRC volunteers only**
 - Email your certificate to stacey.gussak@putnamcountyny.gov

Volunteer Opportunities

Food Operators Seminar

- We are looking for 1 volunteer to help distribute emergency preparedness information on Monday, 10/30 from 9am to 2pm at the Putnam County Golf Course. If you are interested in volunteering, please email connie.bueti@putnamcountyny.gov

Senior Health Fair

- We are looking for volunteers to attend the Senior Health Fair on Thursday, 11/2 from 10am to 12pm at the William Kohler Memorial Senior Center in Mahopac. If you are interested in volunteering, please email kim.roberts@putnamcountyny.gov

Flu Clinics

- Thank you to everyone that shared their availability for Flu Clinics and volunteered their time! Your efforts have not gone unnoticed.

MRC Volunteer Spotlight

Featuring: Judy & Joe Occhiogrossi



Meet Judy and Joe Occhiogrossi our first MRC Couple! Judy and Joe have a long history with the county – having been here since the late 40's and 50's. Happily retired, Judy worked at Putnam Hospital and even served on the Disaster Committee. While working at the hospital, Judy heard about the MRC and she and Joe, who was working in NJ, joined (this was in the early days of the MRC). They felt it was a great opportunity to give back to the community. During their time with the MRC, Judy and Joe staffed a shelter, assisted at flu vaccine clinics, and volunteered at many COVID-19 vaccination PODs. They feel the MRC is a vital part of the county, and that the community is very receptive to volunteers. Judy and Joe enjoy learning new things and take advantage of the trainings that are provided. They also enjoy working alongside the dedicated Health Department Team that are committed to keep the public safe and healthy. They plan on volunteering and assisting their community for as long as they can and live by the motto "Once you are a volunteer, you are always a volunteer."

Putnam County Medical Reserve Corps

Newsletter

October, 2023



RECRUITMENT **PUBLIC HEALTH** **INJECTIONS** **EMERGENCY PREPAREDNESS** **EXERCISES** **EDUCATION** **PUTNAM COUNTY** **NON-MEDICAL** **MEDICAL** **CLINIC** **PPE** **MASKS** **SUPPORT** **COMMUNITY**

CPR **MRC** **COVID-19 PANDEMIC** **DEDICATED** **TRAINING** **LOGISTICS** **POD PLANNING**

VACCINE ADMINISTRATION FLOW MONITORS JUST-IN-TIME STOP THE BLEED

2023 Flu Clinics

Thank you to our volunteers!

