

Employee Assistance Program

Putnam County offers support in receiving **assessment, counseling and referral services** for a wide range of personal problems, through the Employee Assistance Program.

The EAP is a free, confidential, voluntary service provided to employees and their immediate family members.

Issues of concern addressed can include:

- Mental or Emotional Stress
- Marital/Relationship Conflict
- Family Issues
- Eldercare
- Childcare
- Financial Counseling
- Alcohol and Substance Misuse
- Loss and Grief
- Traumatic Events
- Health and Wellness

