



Putnam County Family & Early Childhood Resource Guide

**A comprehensive directory of community programs, early learning resources,
and developmental supports for infants through pre-k children, and their
families**

Provided by:

Putnam County Department of Health
Early Intervention and Preschool Programs

Welcome

This directory serves as a central repository of community programs, early learning resources, and developmental supports for infants through pre-k children and their families. This booklet compiles Putnam County, New York's resources into one convenient location to assist families in navigating these opportunities. Whether seeking daily library programs, weekend recreation programs, athletics, outdoor activities, early learning preschools, or vital parent support groups, this directory is designed to support early childhood development across the community.

What is Early Intervention?

Early Intervention Services are provided to help eligible children grow and develop, and to help families support and promote their children's development. This program is a family teach model. The Putnam County Early Intervention Program (EIP) is part of the national Early Intervention Program for specific children birth to three and their families.

Table of Contents

Topic	Page
Library Early Learning & Family Programs	3
Recreation Departments	6
Movement, Swim, & Sports	7
Nature, Animals, & Outdoor Activities	12
Seasonal Camps	15
Childcare & Early Childhood Education	17
Parent & Caregiver Supports	23

Library Early Learning & Family Programs

Putnam County libraries regularly offer early childhood programs for infants, toddlers, preschoolers, and their caregivers. Programs may include storytime, songs, nursery rhymes, movement activities, fingerplays, crafts, sensory play, book sharing, caregiver-child activities, and school-readiness experience. Many library programs are seasonal, rotating or offered in short multi-week sessions, so specific events may not be available year-round. Families are encouraged to check each library's current calendar, website, or social media pages, or contact the library directly for updated program dates, registration requirements, age groups, and availability.

Brewster Library

79 Main Street
Brewster NY, 10509

Phone: (845) 279-6421

Email: director@brewsterlibrary.org

Website: brewsterlibrary.org

Little Sprouts Storytime (ages 0-3)

Weekly storytime that involves gentle, seasonal stories, cheerful songs, and magical bubbles that will spark smiles and curiosity. Caregivers and children can share books, music, and togetherness through interactive storytime activities.

Puzzles & Pals (ages 0-3)

Weekly relaxed play-based program featuring wooden puzzles, simple crafts, sensory play, and socialization. Encourages motor skill development, pattern recognition, exploration, and caregiver-child connection.

Butterfield Library

10 Morris Avenue
Cold Spring, NY 10516

Phone: (845) 265-3040

Email: jblstaff@gmail.com

Website: butterfieldlibrary.org

Lapsit Baby (ages 0-1.5)

Bi-weekly storytime program for babies and their caregivers that involves stories, singalong songs, rhymes, and fun activities. Registration is required.

Toddler Storytime (ages 1-3)

Bi-weekly storytime program for toddlers and their caregivers that involves stories, rhymes, and free play. Registration is required.

Desmond-Fish Public Library

472 Route 403
Garrison, NY 10524

Phone: (845) 424-3020

Email: staff@desmondfishlibrary.org

Website: desmondfishlibrary.org

Baby Storytime (ages 0-2)

Weekly storytime program for babies and their caregivers that involves stories, songs, and bounces which highlights early literacy development. Registration is now required.

Preschool Storytime (ages 2-5)

Weekly storytime program for preschoolers that involves stories, songs, rhymes, and felt board activities. Registration is now required.

Tiny Tots Meet and Play (ages 0-5)

Weekly drop-in informal playgroup that gives babies and toddlers a chance to play, explore, and socialize while caregivers meet and connect with other caregivers.

Kent Library

17 Sybil's Crossing
Kent Lakes, NY 10512

Phone: (845) 306-5544

Email: library@kentlibrary.org

Website: kentlibrary.org

Bilingual Storytime (ages 0-5)

Monthly bilingual storytime where children explore English and Spanish through books, songs, fingerplays, movement, and a craft that reinforces language concepts.

Reading Buddies (ages 0-5)

Drop-in reading program where children can read with a teen volunteer or listen to a teen read to them. Each child gets one-on-one reading time for about 5-10 minutes and can choose a prize afterward.

Mahopac Library

668 Route 6
Mahopac, NY 10541

Phone: (845) 628-2009

Email: library@mahopaclibrary.org

Website: mahopaclibrary.org

Early Literacy Programs (ages 0-5)

Seasonal early literacy programs for babies, toddlers, preschoolers, and caregivers. Programs may include songs, nursery rhymes, crafts, instruments, and book sharing. Sessions are typically offered in multi-week series and are designed to support early literacy, language development, socialization, caregiver-child bonding, and school-readiness skills.

Drop-In Sensory Play (ages 1.5- 4)

Weekly open playtime for children and their caregivers that runs where they will explore and play with learning toys that helps them learn new vocabulary and concepts while having fun.

Patterson Library

1167 Route 311
Patterson, NY 12563

Phone: (845) 878-6121

Email: apa@pattersonlibrary.org

Website: pattersonlibrary.org

Saturday Story Time (ages 2-5)

Monthly storytime program for children and their caregivers, including silly stories, simple crafts.

Putnam Valley Library

30 Oscawana Lake Rd
Putnam Valley, NY 10579

Phone: (845) 528-3242

Email: staff@putnamvalleylibrary.org

Website: putnamvalleylibrary.org

Music & Movement (ages 0-5)

A semiweekly program for children, including singing songs and dancing.

Storytime (ages 2-5)

A semiweekly program for children and their caregivers, including stories, toys, and crafts.

Reed Memorial Library

1733 Route 6
Carmel, NY 10512

Phone: (845) 225-2439

Email: programs@carmellibrary.org

Website: carmellibrary.org

Cora's Playroom (ages 0-4)

A drop-in style indoor playground open everyday that is set up with toys, gross motor activities, and playthings.

Recreation Departments

Putnam County recreation departments offer a variety of seasonal programs for infants, toddlers, preschoolers, and their caregivers. Opportunities may include swim lessons, sports programs, movement classes, martial arts, dance, nature activities, camps, playground programs, family recreation events, and many more. Many programs are offered seasonally and rotate throughout the year, so specific activities may vary by season and availability. Families are encouraged to visit each organization's website, social media pages, or contact them directly for current schedules, registration information, age requirements, and program availability.

Carmel Recreation & Parks

790 Long Pond
Mahopac, NY 10541

Phone: (845) 628-7888

Email: Carmelrecreation@townofcarmelny.gov

Website: townofcarmelny.gov

Kent Recreation & Parks

25 Sybils Crossing
Carmel Hamlet, NY 10512

Phone: (845) 531-2100

Email: recreation@townofkentny.gov

Website: townofkentny.gov

Patterson Recreation

65 Front Street
Patterson, NY 12563

Phone: (845) 878-7200

Email: pattersonrec@gmail.com

Website: pattersonny.myrec.com

Phillipstown Recreation

107 Glenclyffe
Garrison, NY 10524

Phone: (845) 424-4618

Email: office@phillipstownrecreation.com

Website: philipstownny.myrec.com

Putnam Valley Recreation

265 Oscawana Lake Road
Putnam Valley, NY 10579

Phone: (845) 526-3292

Email: parks_ff@putnamvalley.gov

Website: putnamvalley.gov

Southeast Recreation

146 Pumphouse Road
Brewster, NY 10509

Phone: (845) 279-3915

Email: recreation@southeast-ny.gov

Website: southeastrecreationny.myrec.com

Movement, Swim, & Sports

Eclipse Gymnastics

288 Route 6
Mahopac, NY 10541

Phone: (845) 621-2202

Email: info@eclipsegymnasticsclub.com

Website: eclipsegymnasticsclub.com

Parent & Tot (ages 1-3)

Caregiver-child gymnastics class that introduces toddlers to basic movement, climbing, balance coordination, and body awareness in a supportive setting. Supports gross motor development, confidence, caregiver-child bonding, listening skills, and early social interaction.

Preschool (ages 3-5)

Structured gymnastics class for preschool-aged children that helps build a foundation of strength, coordination, flexibility, balance, and confidence. Activities introduce early gymnastics skills in a playful environment while supporting physical development, listening skills, social interaction, and teamwork.

Precision Gymnastics

2031 NY-22
Brewster, NY 10509

Phone: (845) 302-2734

Email: precisiongymacademy@gmail.com

Website: precisiongymnasticsny.com

Tumble Stars (ages 1.5-3.5)

Parent/caregiver participation gymnastics class that introduces toddlers to movement, play, and early motor skill development. The program supports balance, coordination, strength, flexibility, body awareness, social interaction, confidence, and caregiver-child bonding through age-appropriate activities.

Preschool (ages 3.5-5)

Structured preschool gymnastics class designed to help children build strength, coordination, flexibility, confidence, and teamwork. The program introduces early gymnastics skills in a playful and supportive environment while promoting physical development, listening skills, and social interaction.

VeGa Gymnastics

3 Day Road
Carmel Hamlet, NY 10512

Phone: (845) 306-7530

Email: vegagym@live.com

Website: gymnasticsatvega.com

Mommy & Me/Preschool Classes (ages 1-4)

Offers structured gymnastics classes for young children, including Mommy & Me and preschool-age classes. Programs help children build gross motor skills, balance, coordination,

strength, flexibility, confidence, listening skills, and early social skills through age-appropriate movement activities.

Toddler Open Gym/Tummy Time (ages 1-3)

Weekly open play program in a clean, colorful gymnastics space where toddlers can climb, bounce, roll, explore, and play. Supports gross motor development, body awareness, balance, coordination, confidence, socialization, and safe movement exploration. Limits 2 adults per child.

Epic Dance Center

926 Route 6
Mahopac, NY 10541

Phone: (845) 628-5678

Email: dance@epicdancenyc.com

Website: epicdancenyc.com

Tutu Cuties (ages 2-3)

Introductory dance class for toddlers that uses music, movement, and age-appropriate activities to help children explore dance in a fun and supportive setting. Supports gross motor development, rhythm, coordination, self-expression, and early social interaction.

Lil Monsters HH (ages 3-6)

Beginner hip-hop style movement class for preschoolers that introduces basic rhythm, coordination, musicality, and creative movement in an energetic setting. Supports gross motor development, confidence, listening skills, self-expression, social interaction, and early dance development.

Happy Feet Dance School

1118 NY-52
Carmel Hamlet, NY 10512

Phone: (845) 222-8454

Email: happyfeet.danceschool@yahoo.com

Website: happyfeetdanceschool.net

Mommy & Me (ages 1.5-3)

Caregiver-child dance class that introduces toddlers to music, rhythm, movement, and creative expression in a supportive setting. Supports gross motor development, coordination, balance, listening skills, caregiver-child bonding, confidence, and early social interaction.

Pre-Ballet/Tap (ages 3-4)

Introductory dance class that introduces basic ballet and tap skills through age-appropriate music, movement, and structured activities. Supports gross motor development, rhythm, coordination, balance, body awareness, listening skills, confidence, creativity, and early dance development.

PennyLane Dance Academy

288 Route 6

Phone: (914) 248-8822

Email: info@pennylanedance.com

Mahopac, NY 10541

Website: pennylanedance.com

Mummy & Me (ages 16 mos-2)

Caregiver-child music and dance class that uses stories, songs, props, and movement to introduce toddlers to rhythm, creativity, and early dance exploration. Supports caregiver-child bonding, gross motor development, coordination, listening skills, confidence, social interaction, and creative expression.

Twinkle Toes Ballet/Tap (ages 16 mos-5)

Introductory ballet and tap class that uses preschool nursery rhymes, fairy tales, children's literature, and music to introduce young children to dance in a creative and playful way. Supports gross motor development, rhythm, coordination, balance, imagination, confidence, musicality, and early ballet/tap skills.

Ballet/Tap Combination (ages 4-5)

Beginner ballet and tap combination class that introduces young children to basic ballet exercise, tap rhythm, musicality, and creative movement. Supports gross motor development, coordination, strength, rhythm, confidence, character expression, listening skills, and early dance development.

Jiu Jitsu Haus

988 Route 22 Suite A
Brewster, NY 10509

Phone: (845) 310-4650

Email: jiujitsuhaus@gmail.com

Website: jiujitsuhaus.com

Kids Brazilian Jiu Jitsu (ages 4-6)

Martial arts program that introduces young children to Brazilian Jiu Jitsu designed to help them build confidence, discipline, focus, and respect while learning age-appropriate self-defense skills. Classes incorporate grappling-based activities that support physical fitness, coordination, social development, and positive peer relationships in a structured environment.

Sanctuary Training Center

953 Route 6
Mahopac, NY 10541

Phone: (845) 769-4586

Email: sanctuarytc@gmail.com

Website: sanctuarytrainingcenter.com

Junior Grappling Program (ages 4 and up)

Martial arts program designed to improve young children's social interaction and communication skills through both verbal and physical partnership. Classes focus on essential self-defense skills, teaching children how to establish physical boundaries, understand body control, and manage potential attackers without creating fear. Combining structured, disciplined training with loads of fun, the program builds a foundation of self-discipline and achievement that helps students succeed both inside and outside the gym.

United Martial Arts Center

114 Old Route 6
Carmel, NY 10512

Phone: (845) 225-008

Email: carmel@umacnation.com

Website: umaccarmel.com

UMAC Dragons (ages 4-6)

Preschool martial arts program designed to help young children develop important physical, social, and developmental skills through age-appropriate martial arts instruction. Young children build confidence, self-esteem, focus, determination, listening skills, and the ability to follow directions while staying active in a structured and supportive environment. The program also promotes social awareness, discipline, and positive interpersonal skills that support growth both on and off the mat.

Aquabilities with Jennifer

20 Barrett Hill Road
Mahopac, NY 10541

Phone: (347) 541-7665

Email: aquabilitieswithjennifer@gmail.com

Website: aquabilitieswithjennifer.com

AquaBabies (ages 4 mos-15 mos)

Weekly caregiver-child swim class that introduces infants to the water through gentle aquatic movement, play, and water safety activities. The program helps build water comfort, early safety awareness, breath control, floating readiness, caregiver-child connection, and confidence in an aquatic environment.

AquaTots (ages 1-4)

Weekly caregiver-child swim class for mobile toddlers and preschoolers that uses gentle aquatic movement, play, and water safety activities to build comfort and confidence in the water. The program supports safe water entry and exit, breath control, floating, kicking, early swim skills, caregiver-child connection, and water safety awareness.

Little Develop (ages 2.5-3.5)

Transitional weekly swim class from AquaTot to AquaDevelop for toddlers and preschoolers who are ready to begin swimming more independently without caregiver assistance in the water. The program supports water safety, following directions, safe entry and exit, floating, gliding, breath control, wall safety, confidence, and early independent swim skills. Enrollment is by instructor recommendation.

Note: Additional Aquabilities classes may be available for preschoolers who are ready for more advanced swim instruction. These classes may be based on swim ability and require instructor recommendation or evaluation.

WingsOverWater

Phone: (845) 279-9525

1511 Route 22 Lakeview Plaza
Brewster, NY 10509

Email: wowinfo@wingsoverwater.com
Website: wingsoverwater.com

Baby and Toddler Programs (ages 3 mos-3.5)

Includes Infant Splash Class, Water Babies, Parent & Tot, Advanced Parent & Tot, Gold Fish, Otter, Tot, and Super Tot

Offers swim classes for infants and toddlers including parent-child water introduction classes and beginner swim classes by introducing them to the water through play, songs, gentle aquatic movement, and teacher-guided safety skills. Skills may include water comfort, confidence, coordination, listening skills, caregiver-child interaction, and early swim readiness.

Preschool Programs (ages 4-5)

Includes Angel Fish, Star Fish, and Dolphin

Offers beginner and progressing swim levels for preschoolers who are building comfort, independence, and safety skills in the water. Skills may include water confidence, coordination, safe entry and exit, submerging, floating, breathing techniques, assisted rolling, and early swim development. Placement may depend on prior swim experience or instructor evaluation.

SoccerShots

Phone: (914) 361-9856

Email: westchesterny@soccershots.com

Website: soccershots.com

Brewster Location

192 PumpHouse Road
Brewster, NY 10509

Putnam Valley Location

156 Oscawana Lake Road
Putnam Valley, NY 10579

Mini Program (age 1.5-3)

Seasonal 8-week soccer program offered year-round for toddlers that is a fun and interactive introduction to soccer. Helps children develop coordination, balance, and listening skills through imaginative play, music, and positive encouragement. Although each session is coach-led, parent supervision/participation is required.

Classic Program (ages 3-5)

Seasonal 8-week soccer program offered year-round for preschoolers that builds on new soccer skills through creative, themed activities. It reinforces character traits that align with the session and the sport of soccer, such as courage, patience, and sharing.

Nature, Animals, & Outdoor Activities

Green Chimneys

400 Doansburg Road
Brewster, NY 10509

Phone: (845) 279-2995

Email: info@greenchimneys.org

Website: greenchimneys.org

Farm & Wildlife Center (any ages)

Free public weekend attraction where families can take an enjoyable and educational self-guided tour of the farm and wildlife areas, including opportunities to see animals, barns, and paddocks. This activity can provide a calming, therapeutic-style experience while supporting curiosity, sensory exploration, language development, social engagement, physical movement, and animal/nature learning.

Pied Piper Pony Rides

801 Route 311
Patterson, NY 12563

Phone: (914) 763-6925

Email: partygals@piedpiperponyrides.com

Website: piedpiperponyrides.com

Private Farm Visit (any ages)

Private animal-based farm experience where families can schedule a private visit to meet and interact with animals such as ponies, ducks, chickens, goats, sheep, and bunnies. Visits may include hands-on animal interaction and pony rides. This activity supports sensory exploration, physical development, curiosity, social engagement, confidence, language development, and animal learning. The farm is wheelchair accessible and welcomes children with special needs.

RidgeRanch

276 Quaker Road
Patterson, NY 12563

Phone: (845) 319-9250

Email: ridgeranchny@gmail.com

Website: ridgeranchny.com/home

Little Farmers (ages 2-3)

Seasonal 10-week sensory-based farm program that occurs year-round where toddlers can explore farm life through interactive storytime, hands-on-sensory activities, and opportunities to meet and engage with different farm animals. Sessions may include themes such as gardening, farm equipment, chickens, bunnies, goats, donkeys, cows, and working animals. Supports curiosity, sensory exploration, language development, animal learning, fine motor skills, social engagement, and caregiver-child participation. A parent or caregiver must stay with the child during the session.

Pizza 'N Pasture Pals (ages 1 and up)

Family-friendly evening farm experience that includes pizza, a drink, hands-on farm animal interactions, and games or sensory activities for children. Families can spend time feeding, petting, and interacting with animals such as goats, bunnies, and other pasture animals in a relaxed outdoor farm setting. Supports sensory exploration, curiosity, social engagement, and caregiver-child connection.

Private & Group Farm Tours (ages 1 and up)

Guided farm tour experience where families can meet Ridge Ranch animals, learn about farm life, and participate in hands-on animal interactions. Tours may include meeting bunnies, goats, pigs, cows, donkeys, barn cats, and farm dogs, along with opportunities to pet, brush, feed, and take photos with the animals. Supports curiosity, sensory exploration, language development, social engagement, animal learning, and caregiver-child connection in a relaxed farm setting.

Tilly Foster Farm

100 Route 312
Brewster, NY 10509

Phone: (845) 808-1000

Email: parks@putnamny.gov

Website: putnamtillyfoster.com

Self-Guided Visit (any age)

Free public self-guided farm visit where families can view small farm animals and explore the outdoor farm setting. Animals may include chickens, pigs, alpacas, and miniature horses. The farm also has a nature trail that is about 1 mile long. Supports curiosity, animal learning, sensory exploration, physical movement, language development, caregiver-child engagement, and animal/nature learning.

Topfield Equestrian Center

115 Stonecrop Lane
Cold Spring, NY 10516

Phone: (845) 265-3409

Email: programs@topfieldcenter.org

Website: topfieldcenter.org

Adaptive Riding (age 4 and up)

Adaptive horseback riding program for children, especially those with physical, cognitive, emotional, or behavioral needs, as well as those looking for a supportive, non-competitive riding experience. Lessons help participants build riding skills, balance, coordination, confidence, communication, patience, and connection with horses in a therapeutic environment.

Adaptive Ground (age 4 and up)

Non-equestrian program focused on horsemanship skills and horse-human connection. Activities may include grooming, leading, groundwork exercises, learning about horse behavior, and basic horse care. Supports confidence, communication, sensory exploration, emotional regulation, responsibility, social skills, and animal connection.

Adaptive Driving (age 4 and up)

Adaptive carriage driving program where participants connect with horses through a horse-drawn carriage experience. This program offers an alternative for individuals who may not ride but still want to build equestrian skills and experience the therapeutic benefits of working with horses. Supports confidence, focus, coordination, communication, social connection, and horse-human bonding.

Veterans Memorial Park

201 Gipsy Trail Road
Carmel, NY 10512

Phone: (845) 808-1994

Email: parks@putnamcountyny.gov

Website: putnamcountyny.gov/parksrec

Self-Guided Visit (any ages)

Free public park access featuring stroller-friendly walking paths, open green spaces, and a scenic lake area. Families can enjoy a dedicated playground area perfect for young children, a seasonal swimming beach, shaded picnic pavilions, and gentle, flat hiking trails. Supports curiosity, physical movement and gross motor development, sensory exploration, cooperative play, caregiver-child engagement, and nature learning.

Seasonal Camps

Camp Floradan

10 Floradan Road
Putnam Valley, NY 10579

Phone: (845) 654-3192

Email: admin@campfloradan.com

Website: campfloradan.com

Nursery Program (ages 3-4)

Summer day camp program for preschoolers with an age-appropriate schedule, dedicated nursery space, indoor and outdoor play areas, swimming, arts and crafts, dance, sports, theme weeks, and Color War activities. All nursery campers must be potty trained. Before-camp and after-camp options are available.

Green Chimneys

Website: greenchimneys.org

Brewster Campus

400 Doansburg Road
Brewster, NY 10509

Phone: (845) 279-2995

Email: dmoore2@greenchimneys.org

Summer Sprouts Day Camp (ages 3-5)

Summer day camp program offered through Green Chimneys' Nature's Nursery. The camp introduces children to a traditional summer camp experience through sports and games, swimming, woodworking, arts and crafts, nature and garden activities, and visits with animals at the Farm & Wildlife Center. Summer Sprouts runs in weekly sessions, with a full-day option available and a half-day option available for 3 year olds.

Clearpool Campus

33 Clearpool Road
Carmel, NY 10512

Phone: (845) 225-8226

Email: ajohnson@greenchimneys.org

Clearpool Camp Trailblazers (ages 4-5)

Summer day camp program for younger campers. The program introduces them to a traditional camp experience in a nature-based setting with open green space, outdoor activities, and hands-on-learning. Activities may include arts and crafts, learning about farm animals, sports, outdoor exploration, swimming/boating activities, and opportunities to build friendships and try new interests. Extended care is available for families needing early morning and/or late afternoon supervision.

Noah's Ark School and Camp

250 Route 6N
Mahopac, NY 10541

Phone: (845) 628-8722

Email: edstation@verizon.net

Website: noahsarkschoolandcamp.com

Toddler Program (ages 1.5-3)

Summer camp for toddlers that focuses on age-appropriate activities in a fun, supervised environment while giving each child individual attention. This program does not include pool use, but offers safe water play. Flexible scheduling is available including 2-5 day packages with full day and half-day options available.

Summer Camp (ages 3 and up)

Summer camp program that groups children by age as they participate in small-group activities, play, swim, and summer enrichment. Flexible scheduling is available including 2-5 day packages with full-day and half-day options available.

Patterson Recreation

65 Front Street
Patterson, NY 12563

Phone: (845) 878-7200

Email: pattersonrec@gmail.com

Website: pattersonny.myrec.com

Pre-K Camp (ages 2.5-5)

Summer Pre-k camp program offered in two one-week sessions. The camp provides a warm, playful environment where children can learn, socialize, and explore through group activities, play, music, movement, stories, and outdoor recreation. Camp runs from 9:00 AM to 12:00 PM and is offered during select weeks in July every year.

Phillipstown Recreation

107 Glenclyffe
Garrison, NY 10524

Phone: (845) 424-4618

Email: office@phillipstownrecreation.com

Website: philipstownny.myrec.com

Preschool Camp (ages 3-5)

Summer preschool camp for young children that includes outdoor games, nature activities, arts and craft, science activities, weekly themes, and special events. Camp runs 9:00 AM to 3:00 PM with before and after care options available.

YMCA Camp Combe

684 Peekskill Hollow Road
Putnam Valley, NY 10579

Phone: (845) 526-0808

Email: ssullivan@ymca-cnw.org

Website: ymca-cnw.org/camp-combe

Mini Camp (ages 4-5)

Introductory summer camp program for young children that provides a safe and nurturing camp experience with low camper-to-staff ratios. Campers participate in swim lessons, age-appropriate camp activities, outdoor play, and structured rest periods designed for their developmental needs.

Childcare & Early Childhood Education

Creative Kids Childcare Center

Website: cadence-education.com

Brewster Location

1515 Route 22
Brewster, NY 10509

Phone: (845) 363- 0021

Kent Location

91 Ludingtonville Road
Holmes, NY 12531

Phone: (845) 319-9331

Mahopac Location

10 Bon Miller Road
Mahopac, NY 10541

Phone: (845) 363-0091

Infant Daycare (ages 6 wks-18 mos)

Enrollment-based infant care program in a nurturing, home-like environment. The program supports early developmental milestones through individualized care, caregiver interaction, daily routines, sensory exploration, story time, signing, cuddling, positive play, early communication, and motor skill development. Staff work with families to support each baby's feeding, sleeping, diapering, and learning routines.

Toddler Daycare (ages 18 mos-3)

Enrollment-based toddler care program that balances guided play, hands-on-learning, and safe exploration in a nurturing classroom environment. The program supports toddlers' growing independence, communication, social-emotional skills, cognitive development, and physical development through art, music, reading, movement, outdoor play, imaginative play, and age-appropriate routines.

Preschool Program (ages 3-5)

Enrollment-based preschool program that introduces early academic skills through open-ended play, hands-on activities, and structured learning experiences. The program supports school readiness, confidence, social-emotional growth, creativity, and cognitive and physical development through stories, rhymes, art, math, science, literacy, movement, outdoor play, group activities, and Spanish vocabulary through songs, stories, games, and classroom routines.

Drew Nursery School

Phone: (845) 228-1364

28 Glenedia Avenue
Carmel, NY 10512

Email: info@drewnurseryschool.org
Website: drewnurseryschool.org

Enrollment-based nursery school and pre-k program for young children. Programs help children build early school-readiness skills through routine, structured and free play, story time, crafts, group activities, communication, cooperation, teamwork, letters, numbers, and social development.

Drew's Twos (age 2)

Introductory nursery school program for toddlers that helps them build communication, teamwork, sharing, and classroom routine skills. Meets twice a week in a morning or afternoon session.

Pre-K 3 (age 3)

Structured preschool program that supports language, communication, cooperation, and teamwork. Activities may include free play, structured play, story time, crafts, projects, group activities, calendar, weather, numbers, and letters. Meets three times a week with an extension option available for a 5-day weekly schedule in a morning or afternoon session.

Pre-K 4 (age 4)

Pre-kindergarten program designed to help children prepare for kindergarten. The class builds on earlier preschool skills through a structured schedule with letters, math, social studies, science, physical education, music, library, show and tell, and independent /group work. Meets three times a week with an extension option available for a 5-day weekly schedule in a morning or afternoon session.

Green Chimneys

400 Doansburg Road
Brewster, NY 10509

Phone: (845) 279-2995

Email: dmoore2@greenchimneys.org

Website: greenchimneys.org

Nature's Nursery Preschool/Pre-K (ages 3-5)

Nature-based preschool and pre-k program that follows New York State Pre-Kindergarten standards while supporting the development of the whole child. The curriculum focuses on kindergarten readiness, social-emotional development, communication, physical development, early literacy, math, science, and knowledge of the world through play, active engagement, and hands-on learning. Extended care is available for families needing early morning and/or late afternoon supervision.

Kid's Kottage Preschool

1055 Route 6
Mahopac, NY 10541

Phone: (845) 621-2425

Email: julie@kidskottage.com

Website: kidskottage.com

Enrollment-based preschool program for toddlers and preschool-aged children. Programs support early school readiness through free play, learning centers, circle time, music and movement, group activities, arts and crafts, story time, snack time, outdoor play, early writing, math, science, social skills, and classroom routines.

Mommy & Me (ages 1.5-4)

Parent/caregiver and child class that introduces toddlers to the preschool experience. Each class includes music, sensory play, arts and crafts, story time, snack time, social interaction, and topic discussion.

Just for Two's (age 2)

Two-day weekly program for toddlers that supports social-emotional development, language skills, and early classroom routines. Activities may include circle time, sensory play, arts and crafts, story time, musical movement/games, free play, snack time, and group activities.

Pre-K 3 (age 3)

Preschool program that helps children build confidence, social skills, and classroom readiness. Activities may include daily job chart, early writing skills, colors, shapes, numbers, arts and crafts, circle time, show and tell, learning centers, story time, music and movement, and outdoor play. It is offered 2-5 days per week with before and after care available.

Pre-K 4 (age 4)

Kindergarten readiness program for preschoolers with UPK options for Carmel and Mahopac school districts. Activities may include letters and numbers of the week, cultural and community studies, arts and crafts, physical education, indoor/outdoor play, group discussion, language arts, math agents, science experiments, and pre-writing skills. It is offered 3-5 days per week with before and after care available.

Patterson Recreation

65 Front Street
Patterson, NY 12563

Phone: (845) 878-7200

Email: pattersonrec@gmail.com

Website: pattersonny.myrec.com

Patterson Recreation Preschool (ages 2.5-5)

School-year preschool program designed to support early learning, social interaction, and school readiness in a playful group setting. Preschoolers participate in individual play, early education activities, circle time with music, movement exercises, stories, and group routines. The program also includes indoor gross motor play in the recreation space, outdoor playground time, and lunch.

Putnam County

Early Learning Center

40 Jon Barret Road
Patterson, NY 12563

Phone: (845) 808-1395

Email: PutnamELC@putnamcountyny.gov

Website: putnamcountyny.gov/putnamelc

The Putnam County Early Learning Center is a specialized preschool program operated by Community Based Services in collaboration with the Putnam County Department of Health and local school districts. Serving as a key partner for Carmel's Universal Pre-Kindergarten (UPK) initiative, it provides classroom-based educational programming for preschoolers ages three to five residing in Putnam County. In a warm, supportive environment where children with and without special needs can build confidence, friendships, and early learning skills, the center serves as a vital environment for children found eligible to receive special education services through their district's Committee on Preschool Special Education (CPSE). The center features dedicated classrooms, sensory spaces, and a gym, allowing children to receive specialized instruction and on-site services directly during their school day. Depending on eligibility, these programs and services may include Speech Therapy, Physical Therapy, Occupational Therapy, Special Education, Special Class, Special Class in an Integrated Setting, Nursing, and Counseling services. This program reflects the county's ongoing commitment to providing comprehensive, inclusive early education for local families.

Once Upon a Time

47 Peekskill Hollow Road
Putnam Valley, NY 10579

Phone: (845) 284-2941

Email: onceuponatimepreschool47@gmail.com

Website: onceuponatimepreschool.net

Little Stars (ages 6 wks-1.5)

Infant care program in a warm, nurturing classroom environment. Activities focus on age-appropriate development, including tummy time, gross motor skill development, story time, singing, arts and crafts, and outdoor play when weather permits.

Bunnies (ages 1.5-3)

Toddler program that introduces early literacy, math, and science through age-appropriate activities. The program supports social-emotional development, independence, potty training, self-help skills, feeding, dressing, outdoor play, playground time, and walks on the grounds.

Good Eggs (ages 3-5)

Preschool program focused on kindergarten readiness while supporting each child's individual language, art appreciation, music/composer exposure, outdoor play, hikes, math, science, socialization, and hands-on learning connected to outdoor discoveries.

The Learning Garden II

1611 Route 6
Carmel, NY 10512

Phone: (845) 225-1020

Email: angela.belliveau@inspireeducation.net

Website: learninggardendaycarecenter.com

Enrollment-based childcare and early childhood education program for infants, toddlers, and preschoolers. The center provides a nurturing, play-based environment that supports cognitive, social, emotional, and physical development through structured activities, creative play, individualized attention, and early learning experiences.

Infant Program

Care program focused on creating a safe, responsive, and nurturing environment that supports early development, including cognitive, social, emotional, and physical growth.

Toddler Program

Play-based program that supports cognitive, social, and motor skill development through structured activities, individualized attention, and early childhood learning experiences.

Preschool Program

Play-based program designed to support school readiness, confidence, curiosity, social-emotional growth, essential life skills, and early academic skills.

The Nest

44 Chestnut Street
Cold Spring, NY 10516

Phone: (845) 265-5091

Email: nestchildcare@aol.com

Website: nestchildcarecenter.com

Hummingbirds (ages 6 wks-1.5)

Infant childcare program designed to provide a nurturing, responsive environment for babies with individualized care routines. The program supports early development through consistent caregivers, flexible sleeping and feeding schedules, age-appropriate toys, tummy time, sensory stimulation, outdoor walks, and parent communication. Staff provides daily informational sheets and accommodations for breastfeeding infants.

Chickadees and Bluebirds (ages 1.5-3)

Toddler childcare program with separate younger and older toddler groups in adjacent rooms. The program focuses on play, pretend play, reading, music, movement, outdoor play, walks, crafts, dramatic play, and peer interaction. Children work on language development, social skills, sharing, manners, taking turns, self-help skills, colors, shapes, small and large motor skills, creativity, independence, and toilet-training readiness for older toddlers.

Robins (ages 3-4)

Preschool program designed for 3-year-olds in a nurturing, home-like classroom environment. The program emphasizes play, pretending, arts and crafts, weekly themes, reading and singing, circle time, weather and calendar activities, independent work, letter and number recognition, fine motor skills, open-ended projects, self-help skills, and outside play. The program helps children build social skills, independence, curiosity, and a positive self-image.

Fine Feathered Friends (ages 4-5)

Program designed to help older preschoolers prepare for the transition into kindergarten while still allowing time for free play, social interaction, and quiet breaks. Certified teachers use theme-based and center-based hands-on-activities to support fine and gross motor skills, pre-reading and writing skills, independence, cooperation, and positive self-image. Activities include weekly themes and letters, circle time, arts and crafts, cooking, Zumba, math and science, structured games, music, outdoor play, identifying and writing letters and numbers, and writing first and last name.

Valley Daycare & Preschool

337 Peekskill Hollow Road
Putnam Valley, NY

Phone: (845) 528-4755

Email: valleydaycare@outlook.com

Website: valleydaycareandpreschool.com

Toddler Program (ages 1.5-3)

Enrollment-based toddler program focused on social-interaction, communication, and early learning through play. Activities include circle time, movement, hands-on-activities, color and shape identification, emotions, early letter and number recognition, and weekly specials such as dance, music, and science. The program encourages kindness, sharing, and emotional development in a nurturing environment.

Preschool: PK3 & PK4 (ages 3-4)

Preschool program that prepares children for kindergarten through phonics-based literacy, early math concepts, and interactive learning. The curriculum includes weekly specials such as fine art, theater, music, science, and dance. The program supports each child's individual learning style while building academic, social, and creative skills.

Parent & Caregiver Supports

CoveCare Center

1808 Route 6
Carmel, NY 10512

Phone: (845) 225-2700

Email: intake@covecarecenter.org

Website: covecarecenter.org

Family Connections

A free semimonthly drop-in family-to-family support group where parents and caregivers can share their experiences, discuss parenting challenges, connect with other families, and learn about resources and advocacy guidance. Childcare is available upon request.

STEP (Systematic Training for Effective Parenting)

A seven-week parent skills training program that helps parents and caregivers address common parenting challenges. The program is a series of workshops that focuses on building responsibility, independence, and competence in children. It promotes positive family relationships while helping children learn from natural and logical consequences.

Desmond-Fish Public Library

472 Route 403
Garrison, NY 10524

Phone: (845) 424-3020

Email: staff@desmondfishlibrary.org

Website: desmondfishlibrary.org

Welcome to the World!

Monthly drop-in parent support group led by Putnam County Maternal Child Health nurses for parents and caregivers of young children aged 0-3. Families can connect with other parents, ask questions, and receive guidance on topics such as sleeping, breastfeeding, milestones, and early parenting.

Green Chimneys

400 Doansburg Road
Brewster, NY 10509

Phone: (845) 279-2995

Email: info@greenchimneys.org

Website: greenchimneys.org

Parent Support Groups

Monthly parent support group facilitated by Green Chimneys clinicians. The group provides parents and caregivers with a space to share practical information, ask questions, strengthen communication, and connect with other families.

Parent Training Series

A monthly live online workshop for parent training. Sessions focus on helping parents and caregivers build skills for supporting children's emotional, behavioral, and developmental

needs. Topics may include family communication, caregiver self-care, practical strategies, and tools that can be used at home or in educational settings.

Note: Green Chimneys also provides online clinical resources for parents and caregivers, including videos, articles, quick links, and reference material related to mental health, emotional regulation, behavior support, mindfulness, and social-emotional development. Families can use these resources to learn practical strategies for supporting children at home and in community settings.

Mahopac Library

668 Route 6
Mahopac, NY 10541

Phone: (845) 628-2009

Email: library@mahopaclibrary.org

Website: mahopaclibrary.org

New Moms Group

Monthly drop-in support group for new parents to meet other parents and ask newborn-related questions. A nurse from the Putnam County Department of Health is available to provide guidance and answer questions.

MHA Putnam

Putnam Hospital Center
670 Stoneleigh Avenue
Carmel Hamlet, NY 10512

Phone: (914) 522-5100

Email: info@mhaputnam.org

Website: mhaputnam.org

Family Support Group

A Free semimonthly peer-led support group for adults who love or care for someone experiencing mental health challenges. The group provides a safe, nonjudgemental space for families and loved ones to share experiences, receive encouragement, learn about resources, and connect with others facing similar challenges.

Connect with Us

Putnam County Department of Health
Early Intervention and Preschool Programs

1 Geneva Road, Brewster NY 10509

Phone: (845) 808-1390

Email: valerie.kurtz@putnamcountyny.gov

Website: putnamcountyny.gov/health/early-intervention (or scan the QR code)



Pediatric Neurologists

Dr. Anna Alshansky
Carmount Medical
11 Bedford Rd.
Katonah, NY 10536
(914) 232-3135

60 Merritt Boulevard
Fishkill, NY 12524-2990
(845) 765-4990

225 Veterans Road
Yorktown Heights, NY 10598
(914) 302-8059

Dr. Jennifer Bain
Dr. Claudia Chiriboga-Klein
Columbia Child Neurology -
Harkness Pavilion
180 Fort Washington Ave., 5th FL
New York, NY 10032
(646) 426-3876

Dr. Orrin Devinsky
NYU Langone Epilepsy & Sleep Inst.
223 East 34th St.
New York, NY 10016
(646) 558-0803

Dr. Aleksandra Djukie
111 E. 210th St.
Bronx, NY 10467
(718) 920-4378

Dr. Cecile Frey
547 Saw Mill River Rd., #2d
Ardsley, NY 10502
(914) 478-4883

*Dr. Ronald Jacobson
19 Bradhurst Avenue
Suites 800,1400,2400
& 2550
Hawthorne, New York
10532
(914) 358-0190

Dr. Martin Kutscher
800 Westchester Ave.
Rye Brook, NY 10573
(914) 232-1810

Dr. Stanley Rothman
503 Grasslands Rd Suite 100
Valhalla, NY 10595
(914) 422-2796

Dr. Shahid Parvez
755 N. Broadway #540
Sleepy Hollow, NY 10591
(914) 358-0190

Dr. Pascal Seremsky
eRiver Neurology of NY, LLC
670 Stoneleigh Ave.
Carmel, NY 10512
(845) 279-4144

Dr. Maya Shetreat-Klein
6003 Riverdale Ave.
Bronx, NY 10471
(718) 514-1576

Dr. Wendy Silver
Phelps Memorial Hospital
755 North Broadway, Suite 400
Sleepy Hollow, NY 10591
(914) 358-0188

Dr. John Wells
NYU Neurology Associates
240 East 38th St., 20th FL
New York, NY 10016
(212) 263-7744

Dr. Robert Wolff
125 South Broadway
White Plains, NY 10605
(914) 997-1692

Dr. Steven Wolf
141 S. Central Ave., Suite 102
Hartsdale, NY 10530
(914) 428-0529

General Resources for Families

211 – Hudson Valley

Phone: Call 211 or 800-899-1479

Text ZIP Code to 898211

Website: <https://www.211hudsonvalley.org/>

Information on: Housing, food, clothing; Finding employment; Telephone, technology (i.e., internet connectivity); Finding a physician or other specialists; Help for caregivers to have a break (i.e., respite); Mental health resources; Equipment, supplies, assistive technology devices (ATDs) and/or services; Integrating your child into the community and activities; Meeting with other families in your community; Modifying your home to assist with activities of daily living for your child

ZERO TO THREE

Website: <https://www.zerotothree.org>

Information on: Your child's developmental needs; Information related to your child's developmental delay or disability; Coping with your child's developmental delay/disability; Helping your child's siblings adjust to having; a sibling with a developmental delay/disability; Ideas for family/play activities at home or in the community; Family training/education; Planning for the future; what to expect

The Child Care Council of Dutchess and Putnam, Inc.

Website: www.childcaredutchess.org

(845) 473-4141

Information on: Finding childcare

CDC's Developmental Milestones

Website: www.cdc.gov/ncbddd/actearly/milestones/index.html

Information on: Child Development; Ideas for family/play activities at home or in the community

Putnam Community Action Partnership

Website: <https://www.putnamcap.org/>

Information on: Support and financial assistance is provided to help individuals and families through a variety of difficult circumstances, such as prevention of homelessness and utility disconnection, and assistance needed with vehicle repairs, medical bills and additional household costs.

Open Doors

Website: opendoors-sped.com

Information on: Open Doors Educational Advocates work with families in Orange, Ulster, Dutchess, and throughout the Hudson Valley to gain understanding of your child's special needs, the supports within your school district, and how to maximize those supports to ensure that your child receives the free and appropriate public education they are entitled to.



PUTNAM COUNTY FOOD RESOURCES



Brewster:

- **Putnam CAP;** 121 Main St | 845-278-8021 | Monday, Friday 8:30am-4:30pm, Wednesday 8:30am-6:30pm
- **Brewster Community Food Pantry Inc;** 10 Park Street | 914-649-8002 | Tuesday 10am-12pm, Thursdays 1pm-3pm

Warm Meals:

- **Brewster Cares;** 31 Prospect St | 845-279-6146
- **Table of Grace Community Food Kitchen;** 83 Main St | 845-279-7611 | Hot lunch on Saturdays from 11am-1pm

Carmel:

- **Gilead United Presbyterian Church;** 9 Church St | 845-225-4586 | Fridays 10am-12pm (Carmel & Kents residents only)
- **Casa Servir;** 1118 North Horsepound Rd | 914-299-8745 | Thursdays 5pm-7pm
- **Mount Carmel Bible Church;** 76 Gleneida Ave | 845-225-4255 | Wednesdays 2pm-4pm

Mahopac:

- **St. John's Church;** 221 East Lake Boulevard | 845-628-2006 x141 | Fridays 10am-12pm

Putnam Valley:

- **Putnam Valley Food Pantry;** Grace United Methodist Church; 337 Peekskill Hollow Road | 845-458-1251 | Saturdays 10am-11am

Patterson:

- **Patterson Community Church;** Route 311 | 845-878-3961 | Sundays 11am-12pm | *Soup Kitchen is open on the 4th Sunday from 12pm-2pm*
- **New Life Christian Church;** 29 Marshall Court | 845-278-9407 | Tuesdays 10am-12pm

Cold Spring:

- **First Presbyterian Church of Philipstown;** 10 Academy St | 845-265-3220 | Saturdays 8:30am-10am (Philipstown residents only)

BOUNTIFUL MEALS FRESH & NUTRITIOUS MEALS FREEZERS LOCATED AT:

- Kent Library
- Brewster Library
- Putnam Valley Free Library
- CoveCare Center (clients only)
- Iglesia Casa Servir

FOR 60 YEARS AND OLDER

- Carmel Friendship Center
- Putnam County Friendship Center at Putnam Valley
- Friendship Center in Philipstown
- William Koehler Friendship Center (Mahopac)

MOBILE FOOD PANTRY- MEALS ON MAIN ST

[HTTPS://WWW.MEALSONMAINST.ORG
/SERVICES#TRUCK-SCHEDULES](https://www.mealsonmainst.org/services#truck-schedules)



Putnam County
Department of Health





RECURSOS DE COMIDA EN EL CONDADO DE PUTNMAN



Brewster:

- **Programa de Acción Comunitaria;** 121 Main St | 845-278-8021 | Lunes y Viernes 8:30am-4:30pm, Miércoles 8:30am-6:30pm
- **Despensa de alimentos de la comunidad de Brewster Inc;** 10 Park Street | 914-649-8002 | Martes 10am-12pm, Jueves 1pm-3pm

Comida Caliente:

- **Brewster Cares;** 31 Prospect St | 845-279-6146
- **Table of Grace Community Food Kitchen;** 83 Main St | 845-279-7611 | Almuerzos caliente los Sabádos desde las 11am hasta las 1pm

Carmel:

- **Iglesia Presbiteriana de Gilead United;** 9 Church St | 845-225-4586 | Viernes 10am-12pm (Solo para los residentes de Carmel y Kent)
- **Casa Servir;** 1118 North Horsepound Rd | 914-299-8745 | Jueves 5pm-7pm
- **Iglesia de Mount Carmel Bible;** 76 Gleneida Ave | 845-225-4255 | Miércoles 2pm-4pm

Mahopac:

- **Iglesia de St. John's;** 221 East Lake Boulevard | 845-628-2006 x141 | Viernes 10am-12pm

Putnam Valley:

- **Despensa de Alimentos de Putnam Valley;** Iglesia Metodista de Grace United; 337 Peekskill Hollow Road | 845-458-1251 | Sabádos 10am-11am

Patterson:

- **Iglesia de la Comunidad de Patterson;** Route 311 | 845-878-3961 | Domingos 11am-12pm | *El comedor está abierto el cuarto Domingo de cada mes, de 12pm-2pm*
- **Nueva Vida Iglesia Cristiana;** 29 Marshall Court | 845-278-9407 | Martes 10am-12pm

Cold Spring:

- **Primera Iglesia Presbiteriana de Philipstown;** 10 Academy St | 845-265-3220 | Sabádos 8:30am-10am (Solo para residentes de Philipstown)

COMIDAS ABUNDANTES

COMIDAS PREPARADAS, FRESCAS Y NUTRITIVAS UBICADAS EN:

- Biblioteca de Kent
- Biblioteca de Brewster
- Biblioteca de Putnam Valley
- Centro de CoveCare (solo para clientes)
- Iglesia Casa Servir

MAYORES DE 60 AÑOS

- Centro de Amistad de Carmel
- Putnam County Friendship Center at Putnam Valley
- Centro de Amistad en Philipstown
- Centro de William Koehler Friendship (Mahopac)

DESPENSA DE COMIDA MÓVIL- MEALS ON MAIN ST

[HTTPS://WWW.MEALSONMAINST.ORG/SE
RVICES#TRUCK-SCHEDULES](https://www.mealsonmainst.org/services#truck-schedules)



Putnam County
Department of Health

