

**HEALTH, SOCIAL, EDUCATIONAL & ENVIRONMENTAL COMMITTEE MEETING
HELD IN THE
PUTNAM COUNTY OFFICE BUILDING
ROOM #318
CARMEL, NEW YORK 10512**

Chairwoman Scuccimarra, Legislators Gouldman & Sayegh

Monday

March 12, 2018

The meeting was called to order at 6:41 P.M. by Chairwoman Scuccimarra who requested that Legislator Gouldman lead in the Pledge of Allegiance. Upon roll call Legislators Gouldman, Sayegh, and Chairwoman Scuccimarra were present.

Item #3 - Presentation/Vaping/The Prevention Council of Putnam

Chairwoman Scuccimarra introduced Kristin McConnell, Executive Director of The Prevention Council of Putnam and Bruce Kelly, Coalition Coordinator of the Communities that Care Coalition. She stated they will be giving a presentation (attached PowerPoint) on vaping which is a big problem in our schools.

Kristin McConnell, Executive Director of The Prevention Council of Putnam, stated they brought some extra materials for the Legislators.

Chairwoman Scuccimarra made a motion to waive the rules and accept the additional; Seconded by Legislator Sayegh. All in favor.

Bruce Kelly, Coalition Coordinator of the Communities that Care Coalition, stated vaping has become a big problem in our Middle and High Schools. He stated his part of the presentation will be an overview about vaping, and then Maureen Kenny from POW'R Against Tobacco who will talk about some alternatives that county government can take. He stated vaping is the act inhaling and exhaling aerosol. He stated most people think vaping is just done with a water vapor. He stated that is not accurate at all. He stated aerosol has a lot of toxic chemicals.

Executive Director McConnell stated part of the materials she handed out is a breakdown of vaping, which is a term that refers to many different devices. She showed what a vape mod looks like. She stated it is most popular among young people. She stated it looks like a USB device and is charged by USB. She stated a Juul is a cartridge that liquid goes into and people get high from.

Coordinator Kelly stated a vape has a heating component that heats the e-juice and it creates aerosol that goes into the lungs. He stated initially e-cigarettes were for adults who were trying to quit smoking and did not want the toxins. He stated once it was realized young people were interested in e-cigarettes, vape pens were created. He stated initially the base models were \$30-\$60. He stated there are also two (2) types of mods. He stated there is a mod that makes the cloud of smoke bigger. He stated the biggest problem now is the vape pens which are easily hidden. He stated any kind of liquid can be put in a e-juice container.

Executive Director McConnell stated a Juul Kit can be purchased online for about \$50, with the refills each being about \$15.

Coordinator Kelly stated there is an assortment of flavors for the liquids. He stated it is obvious that these flavors are targeting younger people. He stated 99% of e-juices have nicotine in them. He stated in most of them the nicotine is a higher content than in most cigarettes. He stated there is no FDA (Food and Drug Administration) oversight at all. He stated many different toxins and chemicals can be put in the e-juices. He stated there is no way to tell what is going in them.

Executive Director McConnell stated there are over 1,000 e-liquid flavors.

Coordinator Kelly stated THC oil can be purchased online and put into the e-juices. He stated the THC oil purchased online is 100% THC oil. He stated back when he was in college marijuana had 1 or 2% THC oil. He stated some kids are getting respiratory problems or hallucinating because it is so powerful.

Legislator Addonizio questioned how this is all being sold online.

Coordinator Kelly stated unfortunately anything can be sold online. He stated opioids are purchased online as well.

Executive Director McConnell stated some websites are saying they will accept Amazon or iTunes gift cards to purchase these items. She stated this gives young people a way to not use their parents' credit cards when making their purchase.

Coordinator Kelly stated there are two (2) oils that he would like to provide the difference in CBD oil is mostly used to manage pain and the THC oil is mostly used to get the high.

Executive Director McConnell stated certain e-cigarettes are meant to have no smell or detection. She stated it is very easy for young people to smoke without detection. She stated school administrators are having a hard time because the kids cannot get in trouble if they are not caught in the act of smoking.

Legislator Gouldman questioned if kids are getting high while doing that.

Executive Director McConnell stated yes they are.

Coordinator Kelly stated because it is an aerosol there is no smoke, it just dissipates into the air.

Legislator Gouldman questioned how long the high lasts.

Coordinator Kelly stated a THC high can last about a half hour.

Executive Director McConnell stated there have been instances at the schools where kids are being taken away in ambulances because when they take a hit from their e-cigarettes too close together, the concentration is too high, so they pass out and the nurses do not know what to do.

Legislator Gouldman questioned if it is addictive.

Executive Director McConnell stated there is nicotine in a lot of the e-juices, so yes it is addictive and damaging to the brain. She stated a young person's brain is not fully developed until age 25.

Coordinator Kelly stated the major message they want to get out to the kids and parents are the health risks. He stated there is a chemical used to make butter for the popcorn at the movies called diacetyl. He stated this chemical can collapse the air sacs in lungs so it narrows the passageways, and this is called popcorn lung. He stated Harvard did a study and found that 39 of the 51 e-juices they tested, that did not have a buttery flavor, contained diacetyl. He stated some e-juices have chemicals such as formaldehyde and propylene glycol, which is used in anti-freeze.

Executive Director McConnell stated the message for young people is that it is vaporizing water.

Chairwoman Scuccimarra stated it is similar to synthetic drugs.

Executive Director McConnell stated that is right.

Coordinator Kelly stated propylene glycol is used in a lot of food products, primarily in processed or ready-made food items. He stated the FDA says that if used in small amounts it will not hurt people. He stated when used in larger amounts, like in vaping, it solidifies the blood. He stated that could injure your kidneys and put more toxins in your body. He stated it could increase the risk of asthma, hay fever, and eczema. He showed pictures of the aftermath of a battery in an e-cigarette exploding. He stated a majority of them are manufactured overseas, especially in China. He stated when there is a buildup of heat on the inside, the battery explodes. He stated the CTC (Communities that Care Coalition) does a prevention needs assessment survey in the schools every two (2) years. He stated they check on risk taking behaviors of students. He stated since vaping is a new phenomenon, it was not a part of the last survey, but it will be a part of their next one in April 2018. He showed the 2016 study. He stated one (1) in three (3) high school seniors have vaped. He stated there are low numbers for young people smoking tobacco. He stated almost a third of the people who are vaping now, statistically will be smoking tobacco products within six (6) months.

Executive Director McConnell stated because of the rewarding effect nicotine has on the brain, the more likely someone is to vape, and the more likely they are to use other drugs. She stated since vaping is so new, the longitudinal studies are not available to show the long term effects.

Legislator Nacerino questioned if vaping is a gateway to other drugs.

Executive Director McConnell stated it potentially is.

Coordinator Kelly stated almost two (2) thirds of the kids studied said that they think the vapes just have flavoring.

Legislator Albano questioned what the FDA is doing about it.

Coordinator Kelly stated they are looking to regulate the industry. He stated he read an article that reported an existing vape company would have three (3) years to comply with the standards. He stated the FDA is getting involved now because it is becoming a national epidemic similar to the opioids. He stated this has been around, but it has not been as open and notorious as it is now.

Legislator Gouldman questioned if there are any secondhand effects from being near someone who is vaping.

Coordinator Kelly stated he does not know if there are any studies on that yet, but he assumes that because the aerosol has metals and toxins in it, there is some kind of secondhand effect.

Executive Director McConnell stated seven (7) out of 10 young people have been exposed to the advertisements in various places. She stated a lot of the ads are seen online.

Coordinator Kelly stated social media is a big part of it. He stated there are targeted ads. He stated young people are swamped with ads.

Chairwoman Scuccimarra questioned if there was any way to keep the ads off of social media.

Coordinator Kelly stated no because it is legal in a similar way to tobacco. He stated the problem right now is this is so young that they do not have the information to say just how bad vaping is. He stated they talked to all the school districts to get quotes about their concerns. He read the quotes provided in the PowerPoint.

Legislator Nacerino stated she works at Brewster High School and knows firsthand that it is hard to detect, enforce, and keep track of. She stated it flies under the radar.

Coordinator Kelly stated this is a problem that is only getting worse. He stated a lot of parents think it is alright and buy vapes for their kids. He stated a lot of parents do not have the education and think that it is better than their kids smoking marijuana or drinking alcohol. He stated this is why education is extremely important.

Legislator Albano stated education is big, and he would like to get facts out for people who are not aware.

Chairwoman Scuccimarra stated maybe something can go on the county website.

Coordinator Kelly stated they put information on the school websites sometimes. He stated most parents are unaware.

Legislator Sayegh stated it is her opinion that educating parents is key. She stated the kids know most of this information already. She stated she had her son write her a paper on the topic, because he is in high school. She stated the kids know that the parents do not know and they think it is alright. She stated the e-juice capsules are equal to a pack of cigarettes. She stated her son has a friend who smokes two (2) pods of e-juice per day and another who smokes six (6). She stated they have no idea what they are doing to themselves.

Coordinator Kelly stated a faculty member showed how easy it was to order THC oil.

Legislator Sayegh stated it is imperative that parents are educated on the harmful risks of vaping.

Executive Director McConnell stated they are looking to raise awareness and provide education. She stated also they are looking at the access and availability component because it has a lot to do with the problem. She stated they know they cannot control the online market. She stated they can look to control the retailers. She showed a map of the vape shops in the county. She stated there are a lot of gas stations. She stated she knows that a lot of delis have displays on their counters as well.

Chairwoman Scuccimarra stated she was in Dunkin Donuts in Cold Spring and the convenient store part of it had a sign that said “get your vape here”.

Chairwoman Scuccimarra questioned what can be done with those stores.

Coordinator Kelly stated Maureen Kenney, Director of POW’R Against Tobacco will speak to that.

Director Kenney stated there are 98 tobacco retail stores in Putnam County. She stated most of the tobacco retailers also sell e-cigarettes. She stated they are very easily accessible to kids, especially in Carmel and Brewster. She stated Rockland County has passed a law that bans pharmacies from selling tobacco products. She stated that reduced the number of tobacco retailers by 10%. She stated this sends a good message to people who go in for prescriptions that they are not going to face marketing for products that are harmful. She stated “POW’R” stands for Putnam, Orange, Westchester, and Rockland counties. She stated the American Lung Association is the holder of the grant that she runs. She stated the vaping epidemic is addicting a whole new generation of kids to nicotine. She stated kids who vape today will be smokers tomorrow. She stated youth smoking rates are historically low right now, at 4%. She stated when POW’R first started the rate was in the 20% range. She stated rates are low because kids now know that tobacco products are not good for them. She stated they are being told that vaping is a safer alternative. She stated we need to understand that the e-cigarettes are also tobacco products. She stated most of the laws that are being passed in municipalities throughout the State are including e-cigarettes in the tobacco free laws. She stated nicotine is derived from tobacco products. She showed examples of what the e-cigarette displays look like in the stores. She stated tobacco companies are spending billions of dollars to put their products right at the point of sale where kids can see them. She stated this includes e-cigarettes because most of them are owned by the tobacco companies. She stated they do this because they know that kids are the future buyers. She showed pictures of the inside of a deli in Brewster with an e-cigarette display right

behind an ice cream case. She stated someone from the CTC went into the deli across the street from the Brewster High School and Middle School and had them rearrange their e-cigarette display so it is no longer as prominent. She showed a picture of a store with its windows blocked with pictures of health, happy, young adults. She stated yet inside the store there is drug paraphernalia being sold.

Legislator Sayegh stated for everyone's information, some of the items in the picture are not always drug paraphernalia. She stated they are hookahs and are used to smoke tobacco. She stated it is a cultural item in some communities. She stated she knows many people who do not use drugs who have them in their living room.

Director Kenney stated currently New York has some regulations regarding e-cigarettes. She stated in November 2017, the State included all e-cigarettes and vaping devices in their clean indoor air laws. She stated anywhere in the State where smoking is not allowed, e-cigarettes are not either. She stated smoking and vaping are now prohibited on hospital and residential healthcare facility grounds. She stated they are also prohibited at playgrounds, but not all park. She stated she feels that is a weak law because the law starts at dawn and ends at dusk. She stated the packaging of the e-juice now has to have child-proof packaging. She stated this was needed because a child overdosed on e-juice accidentally. She stated the State also included e-juice in the legal age requirement, which is currently 18. She stated some local governments have increased the age to 21. She stated Rockland, Westchester, and Ulster counties are considering raising the age as well.

Legislator Albano stated he would support raising the age.

Director Kenney stated kids and parents need to be educated. She stated in 2009 President Barack Obama signed into law the Families Smoking Prevention Act. She stated this law allows for local governments to regulate tobacco products. She stated local governments can determine the place where tobacco can be sold, the number of tobacco retail stores, and the type of stores that are able to sell tobacco products. She clarified that whenever she says tobacco she is including e-cigarettes. She stated another policy that could be considered is requiring businesses to have an additional tobacco retail license. She stated the State requires tobacco retail stores to have a license but each locality or county can also require an additional license. She stated capping the number of licenses available in an area is also something worth considering. She stated restricting the sale of tobacco in certain types of stores such as pharmacies. She stated also regulating where the stores are, such as not within 1,000 feet of schools.

Legislator Gouldman questioned if a business is currently in a location and a law such as the ones mentioned get passed, would the business be grandfathered into the law.

Director Kenney stated that is completely up to the governing body.

Legislator Gouldman questioned have any municipalities put retailers out of business.

Director Kenney stated not entirely. She stated there are a lot of stores where tobacco sales are a big part of their business. She stated the City of Newburgh passed a law in 2015 that restricted

tobacco retail stores including within 1,000 feet of schools. She stated they did some grandfathering but did not continue it so the next owner or next business that came in would not be grandfathered in. She stated they also capped the number of tobacco retail licenses that were available within the city, which greatly reduced the number of tobacco retail stores. She stated they also limited the distance from schools and the proximity from each other. She stated since this was done in 2015, tobacco and drug use has greatly declined.

Legislator Gouldman questioned if there has been a study to see if individuals are going online to buy the products.

Director Kenney stated there has not; they are looking specifically at use.

Legislator Gouldman stated they are basing the usage statistics on what is being sold.

Director Kenney stated that is correct and how they are accessing it.

Legislator Gouldman stated but if it is being bought online, they do not know it is being accessed.

Director Kenney stated that is true. She stated it is hard to tell.

Coordinator Kelly stated for statistics in school there will be the Prevention Needs Assessment. He stated it is hard to judge and get statistics on 18-25 year olds.

Director Kenney showed a picture of the display at the gas station right in front of the County Office Building. She stated this is marketing. She stated the Town of New Castle passed a law limiting the number of vaping exclusive stores in proximity to youth centers, schools, parks and playgrounds. She stated the City of New Rochelle did the same thing but also included tobacco retailers. She stated this is just a brief overview of what can be done.

Legislator Gouldman stated it would be helpful if there was a study on where the products are sold, including online.

Legislator Sayegh stated especially for high school students. She stated she believes there is a lot of merit in raising the age because there are a lot of 18 year olds in high school who could buy it their friends. She stated it would be helpful to know where the kids are getting the products.

Coordinator Kelly stated they will not get rid of it completely so every little bit counts. He stated he is mainly concerned with young kids. He stated keeping the stores away from youth centers, parks, and libraries would be good because it keeps the kids away. He stated anything that can be used to lessen the impact and the exposure to the marketing he believes is a good thing.

Executive Director McConnell stated it is similar to underage drinking. She stated there is commercial access to alcohol but there is also social access to alcohol. She stated over time lawmakers have done a good job at reducing the commercial access but that does not stop the social accessibility.

Legislator Addonizio stated there is no way to regulate the online access. She stated the legal age could be raised. She stated raising awareness is important so that parents can be involved and see what is happening.

Legislator Sullivan stated he agrees a priority for educating parents must be given. He stated as a parent he has been educated on different facts tonight.

Chairwoman Scuccimarra we have to look into ways to educate people. She thanked Director Kenney, Executive Director McConnell, and Coordinator Kelly for their presentation.

Item #4 - Discussion/NobleIQ/Synavox/Managing Partner Craig Jacobs

Chairwoman Scuccimarra made a motion to waive the rules and accept the additional; Seconded by Legislator Sayegh. All in favor.

Craig Jacobs, Managing Partner of NobleIQ, gave a presentation (attached PowerPoint). He stated their goal with this product is to help in the prevention of patients becoming addicted to prescribed medication. He explained this company was formed after he and his brother learned that their parents, who were both dealing with medical issues, were prescribed a total of 12 medications. He stated a bottle of prescribed medication has a label that lists the name of the medication but not what it treats. He stated after doing research they found that many people are challenged in navigating medication, especially if you are prescribed more than one. He stated there is often specific protocols to be followed with medications. He stated people do not read the drug labels and if they try to read it, the vernacular of the industry is not accessible. He stated even if they do understand it there is a lack of specificity. He stated instructions vary between pharmacies. He stated most people just look at how many times a day they are supposed to take the medicine. He stated they looked to mitigate the problem with the labels, which led to the creation of Synavox cap. He explained the original implementation of the product was used on the five (5) most prescribed drugs, which do not include opiates. He stated they are in the middle of a market research program which includes five (5) pharmacies in New York, two (2) in Connecticut, and two (2) in Florida. He stated they are getting data that proves that audio assistance is much more effective than written instructions. He stated 80% of people who are addicts started with a prescription. He stated research showed that 25% of people who are prescribed opioids in an Emergency Room are not aware of the potential for addiction. He stated a major component in the crisis of addiction is the lack of education. He stated many people do not realize that opioids cannot be mixed with benzodiazepines or with alcohol. He stated even if people cannot feel the effects of opioids, the molecules are still binding to the receptors, which could cause people to stop breathing. He stated a single accidental dose could kill a child. He stated prevention starts with education. He stated if people know they can become addicted or have a fatal outcome if they do not follow the proper protocol he believes a lot of deaths and could be saved. He stated they work with Dr. Jeffrey Bratberg who is on the State Opioid Task Force in Rhode Island. He stated Dr. Bratberg provides the talk-tracks for Synavox. He stated this problem is not unique to Putnam County or New York State.

John Holderman, Partner, stated there is a health literacy issue. He stated people get a prescription and take more of it to feel better, which could lead to a problem. He stated one

aspect of the talk-tracks is the importance of knowing that Narcan or Naloxone is available in the event of an overdose. He stated opioids have become such a problem that some States are prescribing Narcan when opioid prescriptions are filled.

Mr. Jacobs stated in New York you still need a prescription for Naloxone, which is the generic name for Narcan. He noted that on the PowerPoint slide he used per capita numbers. He stated the opioid problem is a great expense. He stated keeping people from getting addicted in the first place would save a substantial amount of money. He stated one of the main reasons for coming before the Committee is United States Secretary of Housing and Urban Development Dr. Ben Carson's statement about the need for public-private partnerships to focus on education and prevention. He stated audio-assisted education is a new form of education. He stated they are sponsoring a study group that Dr. Bratberg is running.

Mr. Holderman stated the FDA is slow to respond to things on a national level, though States are taking steps to help their populations. He stated Arizona recently signed legislation to require a red cap for opioid prescriptions. He stated one thing that sticks out is that CVS stopped selling tobacco in their stores, which cost them \$2 billion in sales. He stated it was a message to the public that CVS is looking out for their health. He stated more needs to be done at a local level.

Legislator Nacerino stated Chairwoman Scuccimarra is very proactive with the opioid epidemic. She stated everyone has heard stories about people getting addicted. She stated there are too many children in our community dying from overdoses. She stated anything that raises awareness, education, and prevention is something of an obligation. She stated it is not just the addiction; it is also the mixture and comingling of prescription drugs.

Mr. Jacobs stated he recently started taking Lisinopril (for blood pressure) and salt raises your blood pressure, so his wife bought a salt substitute. He stated the Lisinopril cap tells you to avoid salt substitutes because they contain potassium that also reduces your blood pressure in addition to the medication, which could be harmful. He stated he was in the Emergency Room recently and was prescribed Percocet. He stated he was never told any of the precautions with the medicine. He stated he was taking this medication without knowing any of the risks.

Chairwoman Scuccimarra stated this is an amazing program. She questioned if having the cap raises the cost of the prescription.

Mr. Jacobs stated the caps are about \$2. He stated they tried to maximize the effectiveness and minimize the cost.

Chairwoman Scuccimarra stated this would be easier for seniors to navigate.

Mr. Jacobs stated the opioid cap would be generic, it would not be specific to brand. He stated it would contain the risks of opioids and information about Naloxone. He stated audio is the most accessible way to educate because it is a passive activity. He stated people do not need to press the cap every time to learn. He stated it is not about how often people push the button it is how quickly they learn the precautions. He stated the feedback they have received is that it helps people remember because it is unique.

Legislator Addonizio questioned how long the cap battery lasts.

Mr. Jacobs stated it is designed to last for 30 days, but in their experience it lasts 90 days.

Legislator Castellano questioned that there are currently only five (5) different caps.

Mr. Jacobs stated yes because they are still in the process of proving that it works.

Legislator Castellano questioned if it is only available in the pharmacy.

Mr. Jacobs stated yes there is a pharmacy in Pawling, two (2) pharmacies in Danbury, and in Florida the caps are free right now. He stated one issue the pharmacies face is that if the patients do not follow the instructions for the medication, their reimbursement for medications is reduced.

Chairwoman Scuccimarra thanked Mr. Jacobs and Mr. Holderman for their presentation.

Legislator Nacerino stated this was a great presentation and this program is cutting edge. She stated every step taken towards prevention, awareness, and education is a step in the right direction.

Mr. Jacobs played an example of what the cap for opioids would sound like.

Legislator Sayegh stated she would take the cap to her pharmacy.

Item #5 - Discussion/Town of Yorktown Local Law/Littering Surveillance

Legislator Gouldman stated he received a few requests from residents in Putnam Valley concerned about the littering problem there and throughout the County. He stated one individual mentioned cameras being used. He stated Yorktown has a law to use cameras to catch people littering. He stated he would like to start the discussion of Putnam County having a moveable camera to put on County roads. He stated only having one would keep the cost down and people would not know where it is. He stated he understands there is a lot involved with this. He stated there are different ways this could be done. He questioned Legislative Counsel if someone throws litter out of a car, and the person is not visible, if the license plate could be used to track down the person. He also questioned which department would oversee this, would it be the Sheriff's Department, Health Department, or whichever department the Legislature chooses.

Legislative Counsel Robert Firriolo stated the Yorktown law is written as such that the owner of the vehicle has the liability regardless of who is driving it. He stated there is a presumption that the person driving was doing so with the permission of the owner. He stated it is a fine on the owner of the vehicle.

Legislator Gouldman stated we could go after heavy dumping such as mattresses or just someone throwing a soda can out the window. He questioned if there would be one fixed fine or if the fine would vary based on what was discarded.

Chairwoman Scuccimarra stated she believes there is already a fine for littering in the County.

Legislator Gouldman questioned what the process would be if someone was caught.

Chairwoman Scuccimarra stated the fines would cover the cost of the cameras.

Legislator Sayegh questioned how the cameras would be monitored.

Legislator Nacerino stated Yorktown is a municipality so she questions how home rule would affect enforcing this.

Legislator Gouldman questioned Legislative Counsel if this could be done at a County level.

Legislative Counsel Firriolo stated it is something he would have to research.

Legislator Nacerino questioned if it would be subject to each municipality. She stated someone could throw something out off a County Road, but on a Town's property.

Legislator Gouldman stated he does not care who gets the money.

Legislator Nacerino stated it is not about the money it is about enforcement.

Chairwoman Scuccimarra stated littering is a problem throughout the County.

Legislator Sullivan stated it is important to figure out if it is something the County can do.

Legislator Albano stated this could be done cost effectively. He stated solar would be a good option. He stated he would support this.

Chairwoman Scuccimarra stated it could be moved from town to town.

Legislator Gouldman stated he does not want it to be used for traffic control.

Legislator Albano stated he doubts any municipalities would be against this.

Legislator Addonizio questioned who would be overseeing the footage from the cameras.

Chairwoman Scuccimarra stated it could be the environmental division of the Health Department.

Legislator Sullivan stated it is an interesting concept but there are a lot questions as far as enforcement.

Board of Elections Commissioner Catherine Croft stated one punishment could be to have the people pick up garbage.

Legislator Nacerino stated the important factor is effective enforcement.

Chairwoman Scuccimarra stated it is something to look into.

Legislator Nacerino stated it is important to have input from the local municipalities.

Legislator Gouldman requested Legislative Counsel Firriolo look into this and make suggestions.

Item #6 - Approval/Memorialization/Resolution Urging the New York State Legislature to Reject the Governor's Budget Proposal that Allows the Executive Branch to Make Administrative Budget Cuts to Local Assistance Programs if Certain Financial Thresholds are Breached at Any Time During the State Fiscal Year

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Gouldman. All in favor.

Item #7 - Approval/Memorialization/Resolution Calling on the State to Pay for Any Required Increases in Cost to the Child Protective Service Program

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Gouldman. All in favor.

Item #8 - Approval/Memorialization/Resolution Calling on the Office of Alcoholism and Substance Abuse Services and the Governor to Provide State Funding to Support the Treatment and Transition Services to Individuals with Substance Use Disorders (SUD) Who are Incarcerated in County Jails

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Gouldman. All in favor.

Item #9 - Approval/Memorialization/Resolution Calling on the Office of Mental Health and the Governor to Ensure Long Term Viability to OMH Funded Housing Programs for Individuals with Serious Mental Illness Through Support of the "Bring It Home" Initiative

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Gouldman. All in favor.

Item #10 - Approval/Memorialization/Resolution Urging the Governor and State Legislature to Take Over the Fiscal Responsibility for Costs Associated with Students Receiving Preschool Special Education Services in Integrated Universal Prekindergarten Program Classrooms

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Sayegh. All in favor.

Item #11 - Approval/Memorialization/Resolution Calling for Amendments to the New York State Electronic Equipment Recycling and Reuse Act and Urging the Department of Environmental Conservation to Expedite the Promulgation of Related Regulations

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Sayegh. All in favor.

Item #12 - Approval/Memorialization/Resolution Calling on Governor Cuomo and the State Legislature to Work with New York's Congressional Delegation to Ensure any Congressional Efforts to Pass the Family First Prevention Services Act Ensures Essential Fiscal Resources are Maintained to Support Families in Need

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Gouldman. All in favor.

Item #13 - Approval/Memorialization/Resolution Supporting the Creation of An Industry-Sponsored Paint Stewardship Program to Reduce the Costly Burden Faced by Local Governments When Collecting and Disposing of Post-Consumer Paint

Legislator Gouldman made a motion to pre-file the necessary resolution; Seconded by Legislator Sayegh. All in favor.

Item #14 - Approval/Memorialization/Resolution Urging the Department of Health and the Division of Budget to Require Providers to Maximize Reimbursement from All Third-Party Payers

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Gouldman. All in favor.

Item #15 - Approval/Memorialization/Resolution Supporting Continued Prioritization of Heroin and Opioid Abuse Prevention as a Top Public Safety, Public Health, and Mental Health Focus in New York State for 2018

Chairwoman Scuccimarra made a motion to pre-file the necessary resolution; Seconded by Legislator Sayegh. All in favor.

Item #16 - Verbal Update/One Army in the War on Addiction Task Force/Chairwoman Scuccimarra

a. Additional – Approval – Appointments – One Army in the War on Addiction Task Force

Chairwoman Scuccimarra made a motion to waive the rules and accept the additional; Seconded by Legislator Gouldman. All in favor.

Chairwoman Scuccimarra stated she has seven (7) responses from potential members to be at the first meeting of the Task Force. She stated they are Sheriff Robert Langley, Commissioner of Social Services Michael Piazza, Deputy Commissioner of Social Services Joseph DeMarzo, Executive Director of Drug Crisis in Our Backyard Susan Salamone, Executive Director of The Prevention Council of Putnam Kristin McConnell, Coalition Coordinator at Communities that Care Doreen Lockwood, Coalition Coordinator at Communities that Care Bruce Kelly. She stated she is still waiting on responses from District Attorney Robert Tandy and Acting Commissioner of Health Dr. Michael Nesheiwat. She stated the Task Force would start with these members and periodically invite others from the community. She stated she would like to invite the representatives from the Assembly and Senate in the future.

Clerk of the Legislature Diane Schonfeld questioned if Chairwoman Scuccimarra would like to approve the appointments of Acting Commissioner Nesheiwat and District Attorney Tandy, in concept.

Chairwoman Scuccimarra stated yes she would.

Legislator Nacerino questioned how many people are on the Task Force in total.

Chairwoman Scuccimarra stated 10 including herself.

Chairwoman Scuccimarra made a motion to approve Appointments – One Army in the War on Addiction Task Force; Seconded by Legislator Gouldman. All in favor.

Item #17 - FYI/Putnam Heart Walk/April 22, 2018 - Duly Noted

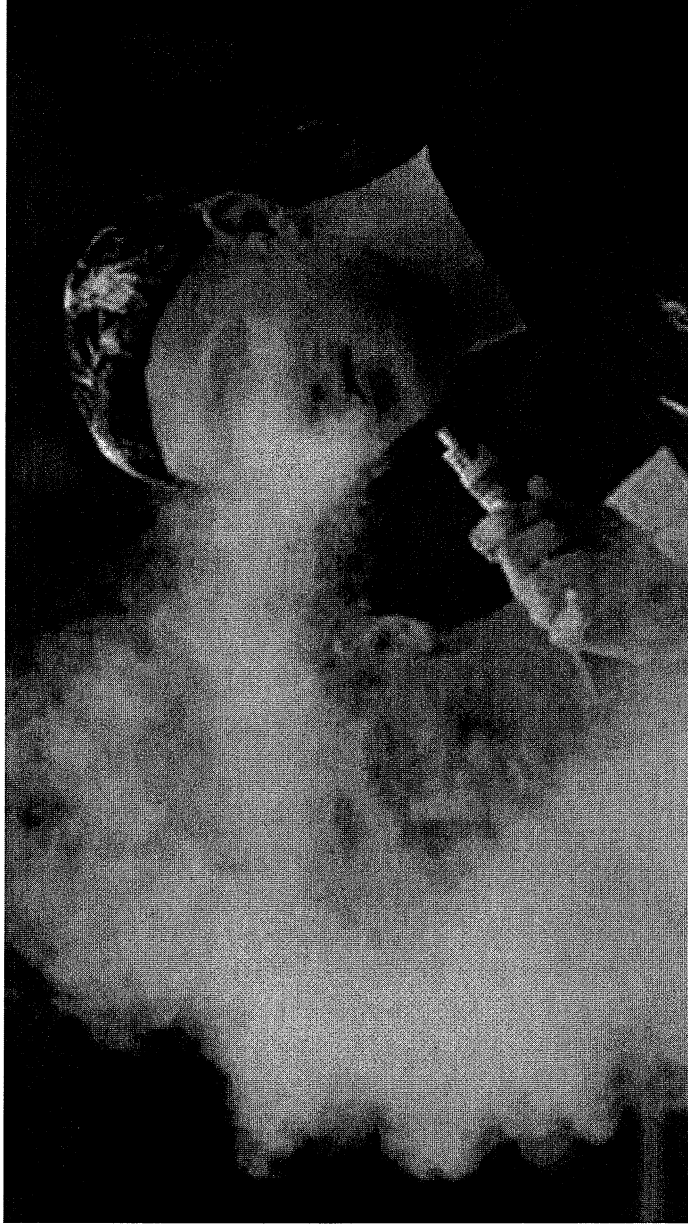
Item #18 - Other Business - None

Item #19 – Adjournment

There being no further business, at 8:21 P.M., Chairwoman Scuccimarra made a motion to adjourn; Seconded by Legislator Sayegh. All in favor.

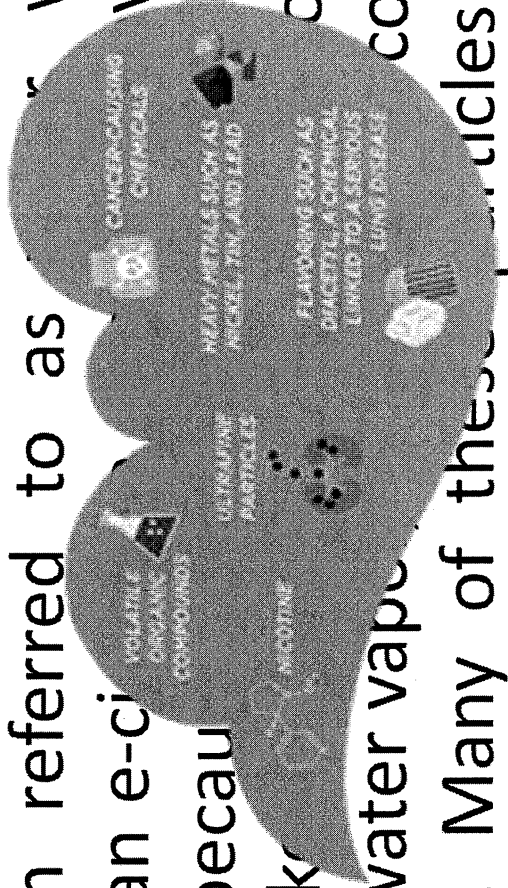
Respectfully submitted by Administrative Assistant Ed Gordon.

VAPING – a community concern



What is vaping?

- Vaping is the act of inhaling and exhaling the aerosol, often referred to as "vapor," which is produced by an e-cigarette or other vaping device. The term is used because e-cigarettes produce tobacco smoke without the use of tobacco, often mistakenly referred to as "water vapor." The aerosol consists of fine particles. Many of these particles contain varying amounts of toxic chemicals, which have been linked to cancer, as well as respiratory and heart disease.

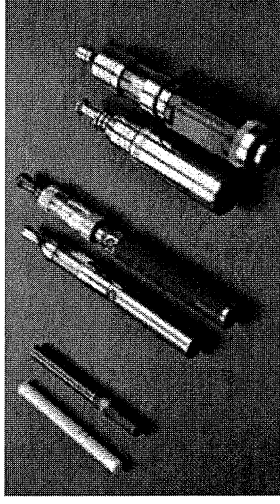


What is a vape?

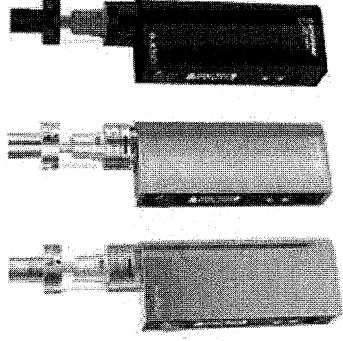
- Generally a vaping device consists of a mouthpiece, a battery, a cartridge for containing the e-liquid or e-juice, and a heating component for the device that is powered by a battery. When the device is used, the battery heats up the heating component, which turns the contents of the e-liquid into an aerosol that is inhaled into the lungs and then exhaled.

Examples of a vape

- Vape pens



- Mods



Juul



e juices

The e-liquid in vaporizer products usually contains a propylene glycol or vegetable glycerin-based liquid with nicotine, flavoring and other chemicals and metals, but not tobacco. Some people use these devices to vape THC, the chemical responsible for most of marijuana's mind-altering effects, or even synthetic drugs like flakka, instead of nicotine.



THC Oil



Potential Health Risks

- Nicotine addiction
- Popcorn Lung - some use a buttery-tasting chemical called diacetyl, which is often added to foods like popcorn. When it's inhaled, it can scar the tiny air sacs in the lungs narrowing the airway.
- Recent Harvard study found that 39 of 51 e-juices tested contained diacetyl
- Some e-juices contain chemicals including formaldehyde and another ingredient Propylene Glycol used in antifreeze that can cause cancer.

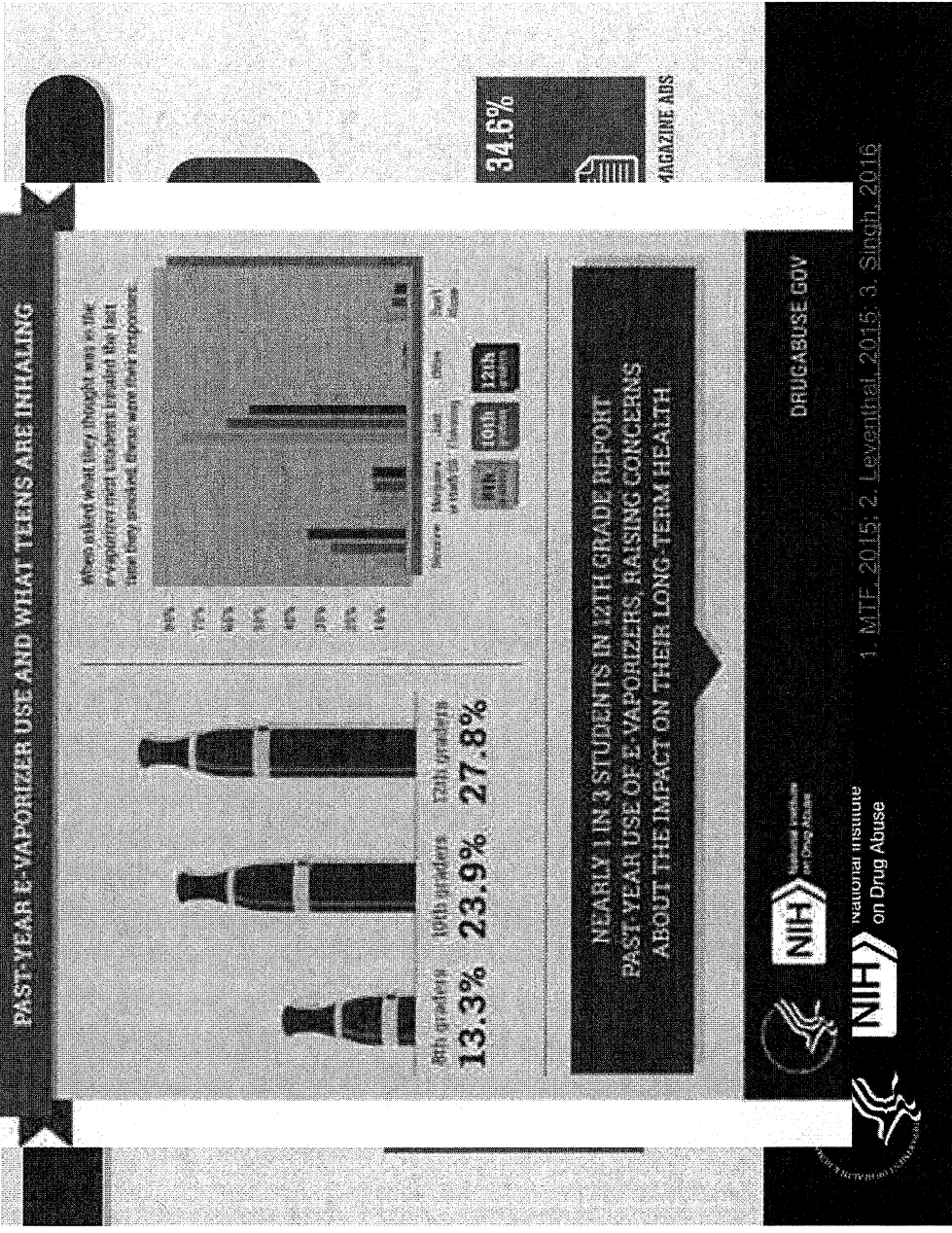
Propylene Glycol

- Derived from petroleum and is a viscous colorless, odorless substance with a sweet taste. It is the main ingredient in antifreeze.
- Ability to keep a substance moist, maintain texture, and mix with almost anything (oil, alcohol, and water).
- A common food additive in processed or ready-made food items
- Acidifies the blood - higher doses of propylene glycol can acidify the blood, injure the kidneys, and cause toxicity. This is why consistent consumption in large amounts is a bad idea.
- Propylene glycol can aggravate the immune system of a child. It is associated with a 1.5-fold increased risks of asthma, 2.8-fold increased risks of allergic rhinitis (hay fever)& 1.6-fold increased risks of eczema.

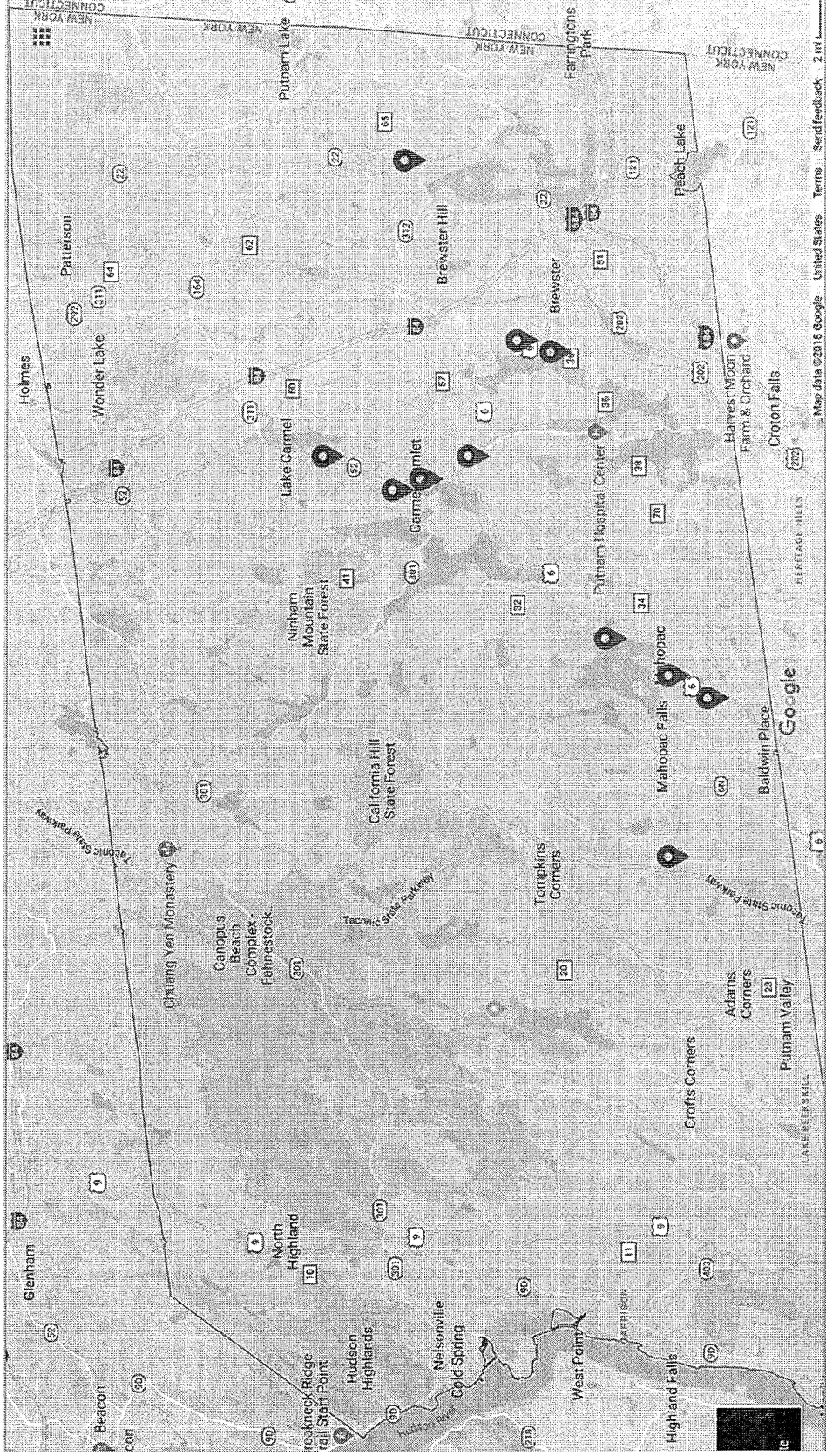
Explosions



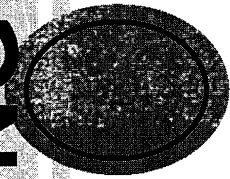
The National Scene



Vape Retailers in Putnam County



POLICY SOLUTIONS TOBACCO / E-CIG MARKETING



Maureen Kenney

POW'R Agaisnt Tobacco

The American Lung Association

POW'R
PUTNAM · ORANGE · WESTCHESTER · ROCKLAND
AGAINST TOBACCO

DEFINITION OF TOBACCO

- TOBACCO PRODUCT means any product made or derived from tobacco or which contains nicotine, marketed or sold for human consumption, whether consumption occurs through inhalation, or oral or dermal absorption.
- Tobacco Product does not include drugs, devices, or combination products authorized for sale by the state or U.S. Food and Drug Administration, as those terms are defined in the Federal Food, Drug and Cosmetic Act.

▪ **E-Cigarettes ARE Tobacco Products**

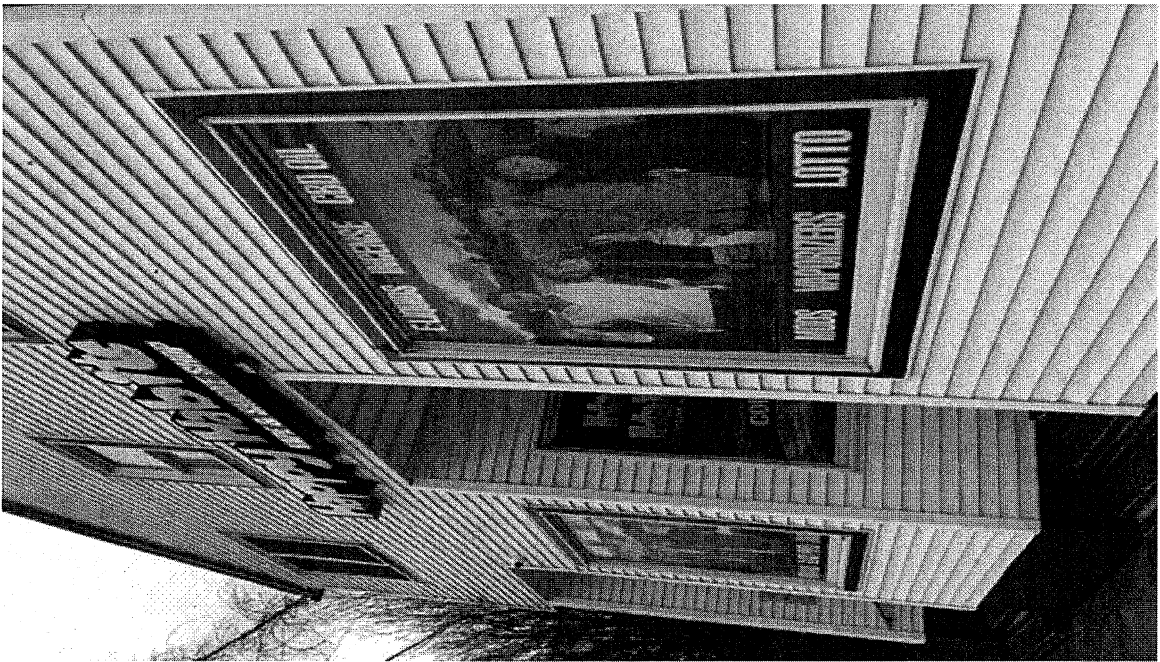
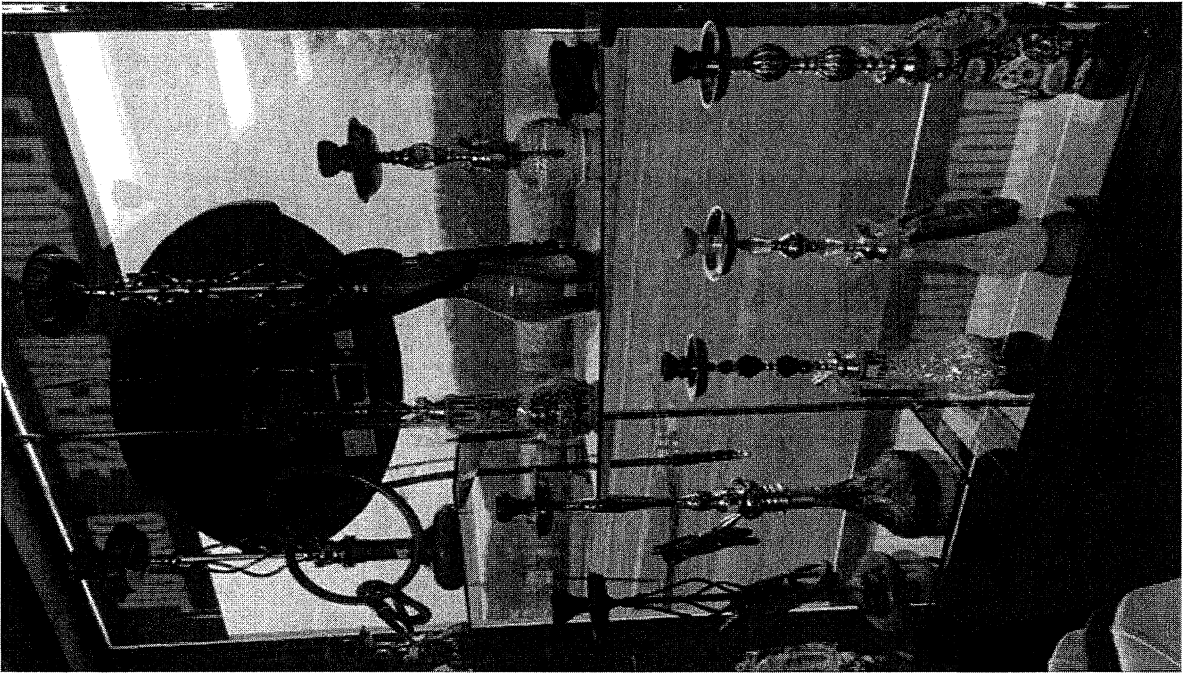
Tobacco companies are spending billions to put their products which include e-cigarettes, in front of our kids in stores.

And the more kids see tobacco, the more likely they are to start smoking.



WHAT TOBACCO / E-CIG SALES LOOKS LIKE:





CURRENT NEW YORK STATE TOBACCO/ E-CIGARETTE LEGISLATION (VAPING)

- **Clean Indoor Air Act (CIAA)**
 - prohibits the smoking of tobacco (i.e., cigarettes, cigars, pipe or any other matter or substance containing tobacco) in nearly all indoor and certain outdoor public and work places. Effective November 22, 2017, the law also applies to vaping, which is the use of electronic cigarettes and similar devices.
- **Smoking and Vaping Prohibited on Hospitals and Residential Health Care Facilities Grounds**
 - This amendment to the New York State Public Health Law prohibits smoking outdoors on the grounds of hospitals and residential health care facilities. Smoking is prohibited within 15 feet of a building entrance or exit and within 15 feet of the entrance to or exit from the grounds. Effective November 22, 2017, the law also prohibits vaping (use of electronic cigarettes and similar devices).
- **Smoking and Vaping Prohibited at Playgrounds**
 - This amendment to the New York State Public Health Law prohibits smoking at New York playgrounds (as defined by the law) between sunrise and sunset when anyone under the age of twelve is present. Effective November 22, 2017, the law also prohibits vaping (use of electronic cigarettes and similar devices).
- **Liquid Nicotine Sales and Packaging**
 - Prohibits the sale of liquid nicotine to minors (under the age of 21 in New York City and Albany, Cattaraugus, Chautauqua, Cortland, Orange, Schenectady, Suffolk, Sullivan and Tompkins counties, under age 19 in in Nassau and Onondaga counties and under 18 in the rest of the state).

POLICY SOLUTIONS

Both licensing and zoning ordinances can enable governments to place conditions on tobacco retailers, such as requiring compliance with tobacco control laws, restricting the use of coupons, regulating the placement of products or advertising, and other options that advance public health concepts.



POLICY SOLUTIONS

The number of tobacco retail stores can be reduced by:

- Regulating tobacco sales by requiring such businesses to have a tobacco retailer license in order to sell tobacco and e-cigarettes.
- Capping the number of licenses available in a community,
- Restricting the sale of tobacco in a certain type of store such as pharmacies,
- Restricting tobacco sales near schools or other youth centers. (ie: No tobacco sales within 1,000 feet of a school or youth center)

This helps state and local governments ensure that retailers comply with restrictions on e-cigarette sales, as well as regulations on the sale of other tobacco products like traditional cigarettes, cigars, and smokeless tobacco.

POLICY SOLUTIONS

Local Examples:

- City of Newburgh
- City of New Rochelle
- Town of New Castle
- Rockland County

**Increasing the Minimum State Legal Age
to Purchase All Tobacco Products**



**Maureen Kenney
Director POW'R Against Tobacco / American Lung
Association**

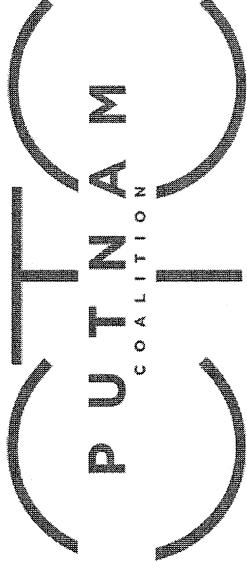
Maureen.Kenney@lung.org



Questions?

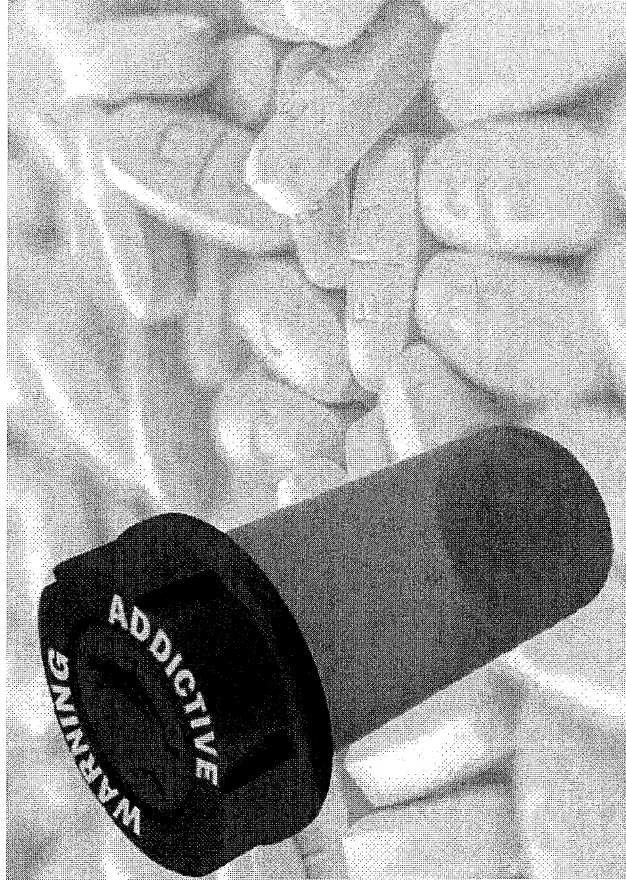
Bruce Kelly, Esq., Coalition Coordinator

Kristin McConnell, M.S., C.P.P., Coalition Co-Chair



Confronting the Opioid Epidemic through Audio Assisted Adherence

nobleIQ, LLC



Backstory -

My two brothers and I cared for my mother, a cancer victim and my father who, simultaneously, was diagnosed with Alzheimer's disease.

One of the biggest challenges in their care was understanding the protocols for the many medications required between the two of them.

- ✓ What did each medication treat?
- ✓ What was the correct way to administer each one?
- ✓ What were the precautions?
- ✓ What were the side-effects and were those preventable?

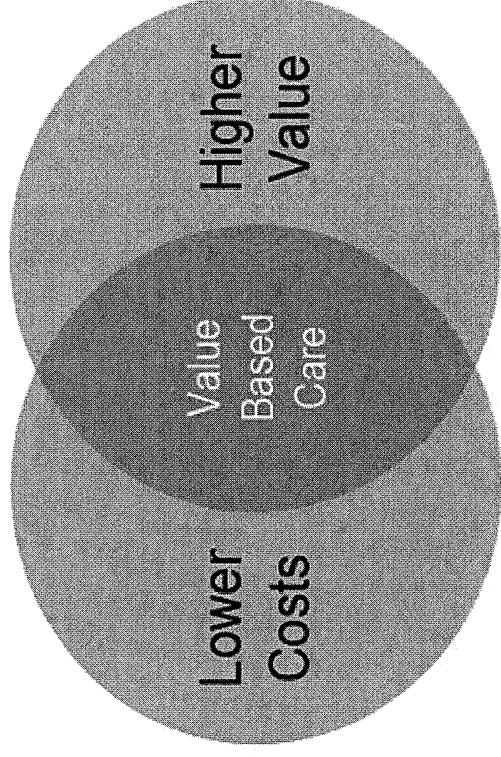
Between them, we were responsible for the protocols of about ten different medications.

Problems with Drug Adherence

- Every 19 minutes someone dies from the misuse of prescription drugs.
- Since 1999, the number of overdose deaths from pain medications has increased by 300 percent.
- Every year more people die from prescription drugs than in car accidents.

A Company is Born

nobleIQ will implement value-based strategies and products to provide patients using prescription drugs and care-givers administering prescription drugs the most convenient “Audio Assisted Adherence” possible for better outcomes.

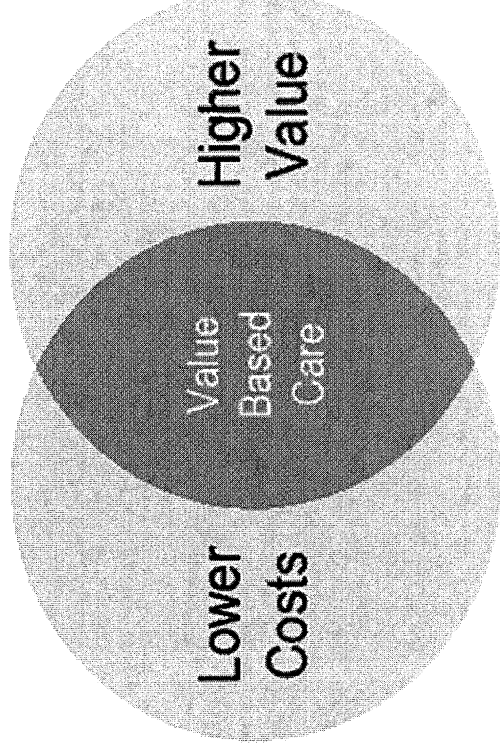


Problems with Drug Labeling

- Information is often lacking
- There is often a lack of specificity
- Drug warnings may differ between pharmacies
- The same instruction may be communicated many different
- Labels are often difficult to read – The article notes that Harvard researchers found that the most prominent words on a drug label often pertain to the pharmacy rather than the drug.
- Drug safety information (generally provided on a sheet of paper placed in or stapled on the pharmacy bag) can be difficult both to read and understand.

Synavox – Audio Assisted Adherence

- Synavox[®] is a unique solution with a convenience form-factor not currently represented in the market place. No other solution can be produced at the price point of Synavox and with the convenience of a button press – This is “Value Based Care”.



Opioids Make The Headlines

- Forbes:
 - America's Opioid Crisis: A Nation Hooked
 - “President Trump declared America’s opioid crisis a national public health emergency...nobody has seen anything like” it”
- New York Times:
 - The Opioid Epidemic: A Crisis Years in the Making
 - Inside a Killer Drug Epidemic: A Look at America’s Opioid Crisis
- Wall Street Journal Video Journalists:
 - American Epidemic: The Nation's Struggle With Opioid Addiction
- Putnam County Times
 - Putnam Joins Suit Against Big Pharma Over Opioids

Many ER patients don't know painkillers are addictive

- Government research shows 80% of addictions start with a prescription.
- A study including 174 patients interviewed a few days after visiting the emergency department and receiving a prescription for hydrocodone-acetaminophen (Vicodin) found that up to 25% did not know it was addictive.

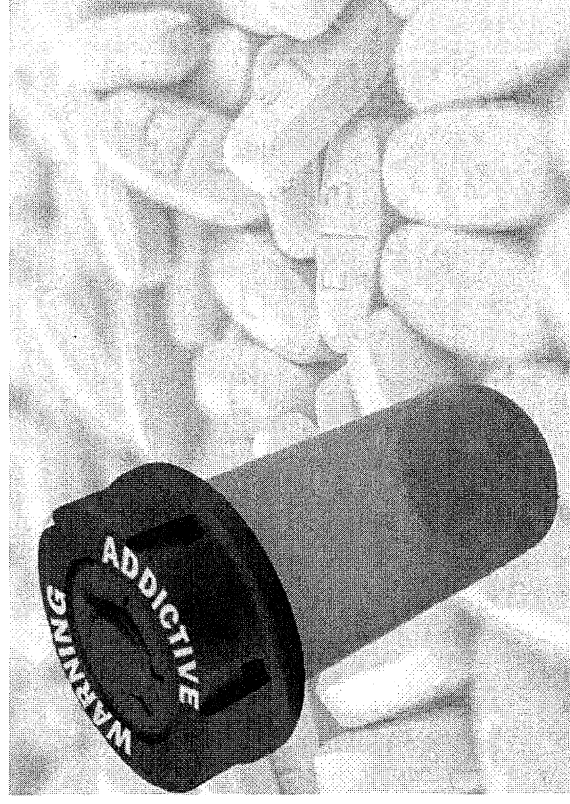
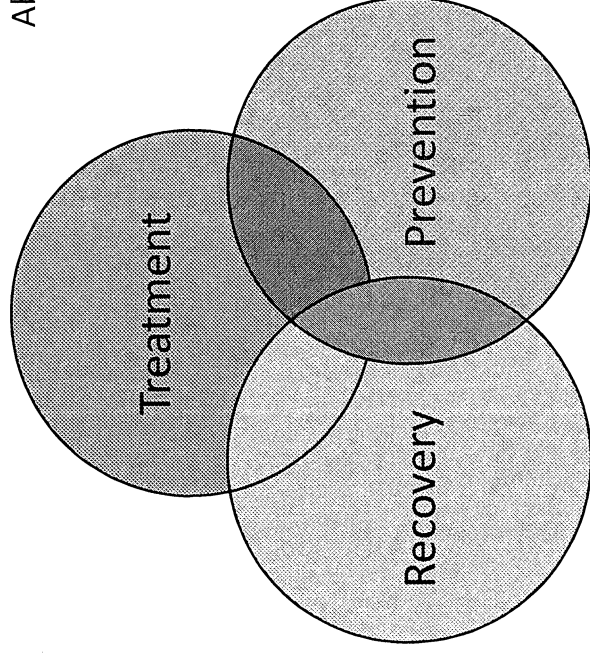
- <http://www.futurity.org/painkillers-addiction-1011812>

- <https://academic.oup.com/painmedicine/article/17/1/114/1752606>

The Pillars of Comprehensive Addiction Services

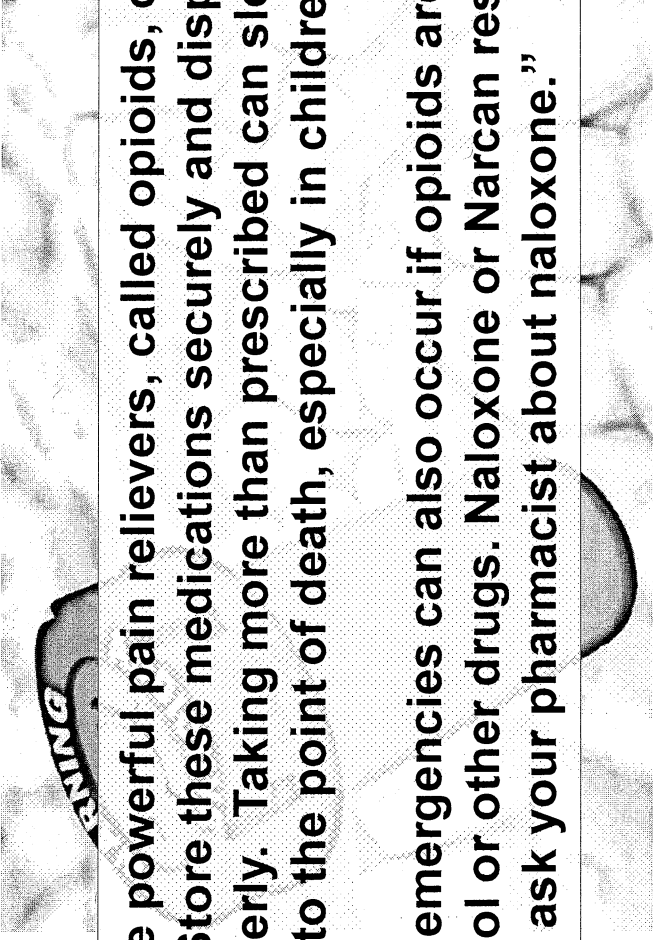
- Treatment
- Prevention
- Recovery

- Alirene González-Sánchez, NYS Office of Alcoholism and Substance Abuse Services Commissioner



Prevention

Synavox - the “Tobacco Warning Label” modernized for the opioid epidemic.



“Use these powerful pain relievers, called opioids, only as directed. Store these medications securely and dispose of them properly. Taking more than prescribed can slow breathing to the point of death, especially in children.

Breathing emergencies can also occur if opioids are taken with alcohol or other drugs. Naloxone or Narcan restores breathing, ask your pharmacist about naloxone.”

Because Ignorance can be fatal

Call To Action

- Augment the retroactive remedies which do nothing to prevent addiction with a pro-active step which helps keep people off the addiction roles through valued based, point of need education.
- Inform patients of the risks inherent in taking opioids as well as the life saving drug Naloxone for breathing emergencies.
- County Costs of the epidemic
 - Annual cost to New York: \$1,255,668,294.00
 - Per capita cost to New York: \$64.00
 - Population of Putnam County: 98,900
 - Cost to Putnam County: \$6,329,600.00

Public/Private Partnerships

Dr. Ben Carson has stated:

- There is a need for public and private partnerships
- Need a focus on education and prevention
- Insurance reimbursement categories haven't changed to accept new forms of treatment and education

Rhode Island

Governor Raimondo's Overdose and Prevention Task Force -

- noble IQ is working with Dr. Jef Bratberg, URI Department of Pharmacy Practice. He co-developed an overdose education and naloxone training program. He is also a consultant to prescribeprevent.org.
- We will sponsor a focus group run by Dr. Bratberg during the Seminar on the Sea (put byline here).

nobleIQ Mission Statement

*Employ technology in pursuit of noble endeavors
for the benefit of society.*

