



Office for Senior Resources
Putnam Valley Friendship Center
August 2026 — Menu



For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
or visit our website at
putnamcountyny.gov/osr

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon		Tues		Wedn		Thurs		Fri	
3	NATL WATERMELON DAY SOUP TUNA SALAD PASTA SALAD 3 BEAN SALAD WATERMELON	4	SOUP CHICKEN CACCIATORE PENNE ROASTED BROCCOLI PEACH	5	SOUP HERBED CRUSTED SALMON W/ A GARLIC CREAM SAUCE BROWN RICE PILAF PRINCE EDWARD ISLAND VEG DRAGON AND MANGO FRUIT	6	SUMMER PARTY SOUP CHICKEN TACO RICE AND BEANS JICIMA SALAD CHURROS	7	SOUP SAUSAGE BURGER W/ PEPPERS & ONIONS SWEET POTATO TOTS FRESH BERRIES
10	SOUP CHEESE MANICOTTI GRADEN SALAD GARLIC KNOT PEACHES	11	MEATLOAF W/ GRAVY ROASTED POTATOES HARVARD BEETS BIRTHDAY TREAT	12	SOUP CHICKEN SALAD W/ GRAPES & APPLES ON RYE COLE SLAW PINEAPPLE	13	BREADED FISH W/ MAC & CHEESE OR CHEESE PIZZA BROCCOLI SALAD FRUITED JELLO	14	SOUP CHICKEN PARMESAN OVER SPAGHTTI SPINACH W/ GARLIC & OIL PEARS
17	SLOPPY JOE ON BUN GREEN BEANS STEAK FRIES CLEMENTINE	18	SOUP TOMATO BASIL PIZZA LARGE GARDEN SALAD CANTALOUPE	19	SOUP GREEK SEASONED SALMON W/ TZATZIKI CARROTS LEMON ORZO BLONDIE	20	SOUP TURKEY APPLE BACON BURGER SWEET POTATO TOTS CAULIFLOWER TROPICAL FRUIT CUP	21	SOUP ROAST PORK W/ GRAVY FRESH YAM WAX BEANS APPLESAUCE
24	SOUP FALAFEL TZATZIKI SAUCE TOMATO CUCUMBERS SALAD APPLE	25	SOUP BBQ CHICKEN THIGH CORN BAKED BEANS WATERMELON	26	SOUP ROAST TURKEY W/ GRAVY STUFFING CAPRI VEGETABLES PINEAPPLE	27	SOUP CHILI WITH BEANS GREEN BEANS RICE PILAF CORNBREAD ORANGE	28	SOUP BREADED FISH TACOS REFRIED BEANS OR CHEESE PIZZA CILANTRO SLAW PEACH PIE
31	SOUP ITALIAN ROAST CHICKEN PASTA W/ PESTO GARLIC GREEN BEANS FRESH BANANA			Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.		Meals meet dietary guidelines of one- third DRIs, as certified by a dietitian.		Voluntary suggested contribution for meals is \$3.00. No home-delivered meals when all sites are closed.	