



Office for Senior Resources
Mahopac Koehler Senior Center
December 2025 ~ (845) 808-1738
Open: Mondays-Fridays 9:00 am – 2:00 pm

December Activities:

Monday		Bingo/cards/billiards
10:00 am		Tai Chi w/ Dave Levy
10:00 am		Ceramics
11:00 am		Putnam SeniorCorps Song & Dance Team
12:30 pm		BINGO
12:30 pm		Rummikub (Exercise Rm)

Tuesday		Bingo/cards/billiards
10:00 am		Exercise w/ Sue
10:00 am		Watercolor Group
11:00 am		Book Club (meets once a month)
12:30 pm		BINGO
12:45 pm		Chair Yoga w/ Anne

Wednesday		Bingo/cards/billiards
10:00 am		Exercise w/ Pauline
10:45 am		Arts & Crafts w/ Anne
11:00 am		Exercise w/ Pauline
12:30 pm		Rummikub (Craft room)
12:30 pm		Mahjong (Exercise Rm)
12:30 pm		BINGO

Thursday		Bingo/cards/billiards
10:00 am		Garden Club
10:00 am		Drawing and Watercolor
10:10 am		Zumba Gold w/Theresa
11:00 am		Chair Zumba w/Theresa
12:30 am		Card Making (Meet once a month – TBD)
12:30 pm		BINGO

Friday		Bingo/cards/billiards
10:00 am		Knitting Group
10:00 am		Piano Sing-Along
10:30 am		Cell phone/tablet Computer walk-in
11:00 am		Line Dancing w/ Rich
12:30 pm		BINGO

On-line exercise classes and call-in activities are available. Please contact 845-808-1700 to register.

On-line Exercise Classes
(Using the Microsoft TEAMS App):
Mondays @ 10:00 am – Chair Yoga w/ Lucy Conway
Thursdays @ 10:00 am – Tai Chi w/ Kim Cercena

Call-in Activities:
Wednesday, Dec 17th @ 3:00 pm – BOOK CLUB

Tuesdays @ 3:00 pm – Trivia w/ Sally Jo
Thursdays @ 3:15 pm – Sassy Seniors Group w/ Michele
Fridays @ 2:00 pm – Coffee & Convo w/ Miriam

NEW – On-line Caregivers Support Group Meeting
(Using the Microsoft TEAMS App):

Thurs, December 18th @ 2:00 pm
To register, please contact Lynne Cabiati
845-808-1700 ext. 47113

December Special Events

- Dec 3 - **OSR Training Day** - All Sites Closed
No delivery of Home Delivered Meals
- Dec 4 - **Brain Fitness** w/ Mike @ 10:00am
- Dec 8 - **Holiday Party**
Putnam County Golf Course 10-2 pm
(Pre- Registration Required)
This Site Closed
Home Delivered Meals will be delivered
- Dec 10 - **Discover Live Tour** @ 10:30 am
London, England
- Dec 16 - **Presentation: SCAMS** @ 11:00am
Presented by DA Robert Tendy
- Dec 18 - **Brain Fitness** w/ Mike @ 10:00am
- Dec 25-26
Christmas Holiday
All Sites Closed
No delivery of Home Delivered Meals
- Dec 30 - **Caregivers Support Group** @ 11:45am

UPCOMING HOLIDAY:
Jan 1 - **New Year’s Day** – All sites CLOSED
No delivery of Home Delivered Meals

Rides to doctor appointments are available through our Demand Response Medical Transportation Program. For information call Vanessa at 845-808-1700 ext. 47104.

To know about delays or cancellations in the event of inclement weather, please call 845-808-1700/press 0 or look out for Senior Blast notifications.