



Office for Senior Resources  
Mahopac Koehler Senior Center  
February 2026 ~ (845) 808-1738  
Open: Mondays-Fridays 9:00 am – 2:00 pm

February Activities:

Monday

Bingo/cards/billiards	
10:00 am	Tai Chi w/ Dave Levy
10:00 am	Ceramics
11:00 am	Putnam SeniorCorps
	Song & Dance Team
12:30 pm	BINGO
12:30 pm	Rummikub (Exercise Rm)

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Tuesday

Bingo/cards/billiards	
10:00 am	Exercise w/ Sue
10:00 am	Watercolor Group
11:00 am	Book Club (meets once a month)
12:30 pm	BINGO
12:45 pm	Chair Yoga w/ Anne

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Wednesday

Bingo/cards/billiards	
10:00 am	Exercise w/ Pauline
10:45 am	Arts & Crafts w/ Anne
11:00 am	Exercise w/ Pauline
12:30 pm	Rummikub (Craft room)
12:30 pm	Mahjong (Exercise Rm)
12:30 pm	BINGO

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Thursday

Bingo/cards/billiards	
10:00 am	Garden Club
10:00 am	Drawing and Watercolor
10:10 am	Zumba Gold w/Theresa
11:00 am	Chair Zumba w/Theresa
12:30 pm	Card Making (Meet once a month – TBD)
12:30 pm	BINGO

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Friday

Bingo/cards/billiards	
10:00 am	Knitting Group
10:00 am	Piano Sing-Along
10:30 am	Cell phone/tablet
	Computer walk-in
11:00 am	Line Dancing w/ Rich
12:30 pm	BINGO

On-line exercise classes and call-in activities are available. Please contact 845-808-1700 to register.

On-line Exercise Classes

(Using the Microsoft TEAMS App):

Mondays @ 10:00 am – Chair Yoga w/ Lucy Conway

Thursdays @ 10:00 am – Tai Chi w/ Kim Cercena

Call-in Activities:

Feb 18 @ 3:00 pm – BOOK CLUB

Tuesdays @ 3:00 pm – Trivia w/ Sally Jo

Thursdays @ 3:15 pm – Sassy Seniors Group w/ Michele

Fridays @ 2:00 pm – Coffee & Convo w/ Miriam

NEW – On-line Caregivers Support Group Meeting  
(Using the Microsoft TEAMS App):

February 19 @ 2:00 pm

To register, please contact Lynne Cabiati

845-808-1700 ext. 47113

February Special Events

Feb 3 -Love Your Heart Presentation @ 11am  
w/ Sarena Chisick MEd, BNS, RN

Feb 5 - Brain Fitness w/ Mike @ 10:00am

Feb 16 - President’s Day Holiday  
All Sites Closed - No delivery of Home  
Delivered Meals

Feb 19 - Brain Fitness w/ Mike @ 10:00am

Feb 26 - Caregivers Support Group @ 11:45am

Rides to doctor appointments are available  
through our Demand Response Medical  
Transportation Program. For information call  
Vanessa at 845-808-1700 ext. 47104.

UPCOMING EVENT: St. Patrick’s Luncheon

March 9th at Putnam County Golf Course. Please  
see Site Manager for details.

To know about delays or cancellations in the event of inclement weather, please call  
845-808-1700/press 47100 or look out for Senior Blast notifications.