



Office for Senior Resources

Putnam Valley Friendship Center

December 2025 ~ (845) 808-1730

Open: Mondays-Fridays 9:00 am – 2:00 pm

December Activities:

Monday Bingo/cards/billiards

10:00 am Art w/ Maggie
10:00 am Tai Chi w/ Kim
11:00 am Meals on Main Food Truck
12:00 pm Rummikub
1:00 pm Fall Prevention w/ Naomi

Tuesday Bingo/cards/billiards

10:30 am Line Dancing w/Betty
12:00 pm Movie

SHOPPING – ShopRite
Beach Shopping - 3rd Tuesday of the month

Wednesday Bingo/cards/billiards

10:30 am Line Dancing w/ Rich
11:00 am Coffee & Conversation
12:30 pm Nutty Knotters
1:00 pm Pilates

Thursday Bingo/cards/billiards

10:00 am Chair Yoga w/ Lucy

Friday Bingo/cards/billiards

11:00 am Zumba w/ Kelly
12:30 pm Ceramics
1:00 pm Exercise w/ Sue

On-line exercise classes and call-in activities are available.
Please contact 845-808-1700 to register.

On-line Exercise Classes (Using MicroSoft TEAMS App):

Mondays @ 10:00 am – Chair Yoga w/ Lucy Conway
Thursdays @ 10:00 am – Tai Chi w/ Kim Cercena

Call-in Activities:

Wednesday, DECEMBER 17th @ 3:00 pm – BOOK CLUB

Tuesdays @ 3:00 pm – Trivia w/ Sally Jo
Thursdays @ 3:15 pm – Sassy Seniors Group
Fridays @ 2:00 pm – Coffee & Convo w/ Miriam

On-line Caregivers Support Group Meeting (Using the MicroSoft TEAMS App):

Thursday, December 18th @ 2:00 pm
To register, please contact Lynne Cabiati
(845) 808-1700 ext. 47113

December Special Events

- Dec 2 -- **Crafts w/ Liz @ 11:00 am**
Dec 3 -- **OSR Staff Training Day. ALL SITES CLOSED.**
No Delivery of Home Delivered Meals.
Dec 4 -- **Presentation: SCAMS @ 11:00**
Presenter: District Attorney Robert Tendy
Dec 9 -- **Holiday Party @ PC Golf Course. Site Closed.**
There **will** be delivery of Home Delivered Meals.
Dec 10 -- **Discover Live Tour** to London, England
w/ Ebenezer Scrooge @ 10:30 am
Dec 11 -- **Brain Fitness w/ Mike @ 10:00 am**
Dec 11 -- **Caregivers Support Group @ 11:45 am**
Dec 17 -- **Book Club @ 3:00 pm**
Dec 23 -- **Brain Fitness w/ Mike @ 10:00 am**
Dec 25/26- **Christmas Holiday. ALL SITES CLOSED.**
No delivery of Home Delivered Meals.

UPCOMING HOLIDAY:

Jan 1 - **New Year's Day** – All sites CLOSED
No delivery of Home Delivered Meals

Rides to doctor appointments are available through our Demand Response Medical Transportation Program. For information call 845-808-1700 ext. 47104.

To know about delays or cancellations in the event of inclement weather,
please call 845-808-1700/press 0 or look out for Senior Blast notifications.