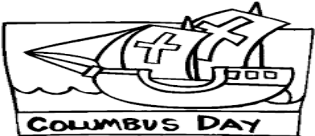




Office for Senior Resources
Carmel Friendship Center
October 2025— Menu

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Putnamcountyny.gov/osr

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

| Mon | Tue | Wed | Thur | Fri |
|--|---|---|---|--|
| Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site. | SUGGESTED CONTRIBUTION FOR MEALS IS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED | 1 SOUP POTATO CRUSTED POLLOCK SWEET POTATO NUGGETS OR CHEESE PIZZA PEAS AND ONIONS PINEAPPLE | 2 SOUP BBQ CHICKEN THIGH CORN ON COB COLE SLAW WATERMELON | 3 SOUP ROAST PORK W/ GRAVY APPLESAUCE SWEET POTATO CARROTS GRAPES |
| 6 SOUP BEEF STROGANOFF NOODLES BRUSSEL SPROUTS BANANA | 7 SOUP TURKEY CHILI CON CARNE OVER RICE CARROTS BIRTHDAY TREAT | 8 SOUP BAKED SALMON W/ LEMON AND DILL CORN O'BRIEN CAULIFLOWER MELON | 9 SOUP ROAST CHICKEN W/ GRAVY FRUITED RICE PILAF BROCCOLI CLEMENTINE | 10 SOUP MANICOTTI GARDEN SALAD GARLIC KNOT APPLE |
| 13 CLOSED FOR HOLIDAY All sites closed / Home Delivered Meals will not be delivered  | 14 SOUP LINGUINI WITH RED CLAM SAUCE ROASTED BROCCOLI DINNER ROLL ORANGE | 15 SOUP MEATLOAF W/ MUSHROOM GRAVY MASHED POTATOES BEETS GRAPES | 16 SOUP OPEN FACED TURKEY SANDWICH CRANBERRY SAUCE STUFFING CARROTS APPLE | 17 SOUP CHICKEN LOUIE FRESH YAM CAULIFLOWER W/ PARSLEY BROWNIE |
| 20 SOUP BUTTER CRUMB COD W/ SPANISH RICE OR CHEESE PIZZA GREEN BEANS APPLE PIE | 21 SOUP CHICKEN SCHWARMA LEMON ORZO ZUCCHINI CLEMENTINE | 22 SOUP FIESTA PORK ROAST FRESH YAM BRUSSEL SPROUTS BANANA | 23 SOUP CHICKEN CACCIATORE PENNE W/ TOMATO SAUCE GARDEN SALAD MELON | 24 SOUP ROAST BEEF W/ GRAVY MASHED POTATOES SPINACH PINEAPPLE |
| 27 SOUP HOT DOG ON BUN BAKED BEANS 5 WAY VEGETABLES GRAPES | 28 SOUP SALISBURY STEAK W/ GRAVY MASHED POTATOES CARROTS APPLE | 29 Harvest Jamoboree @ Putnam County Golf Course Site Closed Home Delivered Meals will be delivered | 30 SOUP OPEN FACED CORNED BEEF RUBEN SWEET POTATO TOTS GREEN BEANS ORANGE | 31 SOUP VEGETABLE FRITTATA STEWED TOMATOES SAUSAGE HASHBROWN M&M COOKIES |