



Office for Senior Resources Carmel Friendship Center

February 2026 — Menu



For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.gov/osr

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tues	Wedn	Thurs	Fri
2 SOUP BEEF BOLOGNESE PENNE PASTA TOSSED SALAD GARLIC KNOT BANANA	3 NATIONAL CARROT CAKE DAY SOUP CILANTRO CHICKEN THIGH OVEN BROWNED POTATO NORMANDY VEGETABLES CARROT CAKE	4 SOUP SALMON W/ ORANGE GINGER GLAZE LEMON ORZO BUTTERED CARROTS PINEAPPLE	5 SOUP OPEN FACED TURKEY SANDWICH W/ GRAVY BAKED POTATO PEAS AND ONIONS APPLE	6 SOUP MANICOTTI MARINARA SAUCE TOSSED SALAD GARLIC KNOT CLEMENTINE
9 NATIONAL PIZZA DAY SOUP BRUSCHETTA PIZZA TOSSED SALAD PEAR	10 SOUP PULLED PORK SANDWICH STEAK FRIES COLE SLAW PINEAPPLE	11 SOUP TERYAKI SWORDFISH OR PIZZA VEGETABLE RICE CAPRI VEGETABLES MELON	12 VALENTINES PARTY SOUP BAKED ZITI TOSSED SALAD POUND CAKE W/ STRAWBERRIES	13 SOUP TURKEY CHILI RICE VEGETABLE BLEND ORANGE
16 CLOSED FOR HOLIDAY All sites are closed and no delivery of Home Delivered Meals. 	17 CHINESE NEW YEAR SOUP CHICKEN AND BROCCOLI FRIED RICE ORIENTAL VEGETABLES FORTUNE COOKIE	18 ASH WEDNESDAY SOUP FISH SANDWICH W/ TARTAR SAUCE SWEET POTATO TOTS NORMANDY VEGETABLES GRAPES	19 SOUP ROASTBEEF W/ GRAVY MASHED POTATO SPINACH APPLE	20 NATIONAL MUFFIN DAY SOUP BROCCOLI QUICHE STEWED TOMATO SAUSAGE APPLE CINNAMON MUFFIN
23 NAT'L BANANA BREAD DAY SOUP OVEN FRIED CHICKEN MAC AND CHEESE GREEN BEANS BANANA BREAD	24 SOUP PORKLOIN W/ GRAVY APPLESAUCE SWEET POTATO BROCCOLI APPLE	25 SOUP FISH TACOS PINEAPPLE SALSA CILANTRO CABBAGE SLAW PINEAPPLE	26 SOUP SAUSAGE & PEPPER BURGER STEAK FRIES PEI VEGETABLES GRAPES	27 SOUP BAKED COD W/ PUTTANESCA SAUCE RICE GARLIC KNOT TOSSED SALAD BANANA



Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.

Meals meet dietary guidelines.

SUGGESTED CONTRIBUTION FOR MEALS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED.

