



Office for Senior Resources  
**William Koehler Senior Center**  
*July 2025 – Menu*



For more information  
about our Programs &  
Services, please call  
(845) 808-1700 x47100  
or visit our website at  
[putnamcountyny.gov/osr](http://putnamcountyny.gov/osr)

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tues	Wedn	Thurs	Fri
Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.	<b>1</b> SOUP TURKEY TAMALE PIE w/ CORNBREAD SPINACH SALAD FRESH PLUM	<b>2</b> SOUP BUTTER-CRUMB COD w/ LEMON SAUCE RICE PILAF FRENCH GREEN BEANS GRAPES	<b>3</b> SOUP HAMBURGER SWEET POTATO FRIES MESCLUN & BEET SALAD WATERMELON ICE CREAM SANDWICH	<b>4</b> <b>ALL SITES CLOSED</b> <b>(NO HOME-DELIVERED MEALS)</b> <b>Happy 4th of July!</b>
<b>7</b> SOUP EGG SALAD ON RYE DILL POTATO SALAD BANANA	<b>8</b> SOUP CHICKEN FLORENTINE CASSEROLE SUNSHINE CARROT SALAD FRESH BERRIES	<b>9</b> SOUP SALMON w/ ORANGE-GINGER GLAZE BROWN RICE BROCCOLI SALAD PINEAPPLE BIRTHDAY TREAT	<b>10</b> SOUP PULLED PORK SANDWICH CABBAGE SLAW CUCUMBER SALAD FRESH PEACH	<b>11</b> SOUP OPEN-FACED TURKEY MELT SWEET POTATO TOTS KALE & BEET SALAD CANTALOUPE
<b>14</b> SOUP LEMON CHICKEN RICE PILAF FARM-FRESH VEGETABLES ORANGE	<b>15</b> SOUP BAKED ZITI w/ PARMESAN ZUCCHINI & SUMMER SQUASH GRAPES	<b>16</b> SOUP POTATO-CRUSTED POLLOCK QUINOA & COUSCOUS GREEK SALAD FRESH BERRIES JELLO	<b>17</b> SOUP BBQ CHICKEN BEAN SALAD CORNBREAD WATERMELON	<b>18</b> SOUP TURKEY BURGER SWEET POTATO FRIES SPINACH SALAD FRESH PLUM
<b>21</b> SOUP CHICKEN PARMESAN GLAZED CARROTS GARLIC BREADSTICKS CANTALOUPE	<b>22</b> SOUP TACO SALAD CABBAGE SLAW PINEAPPLE	<b>23</b> SOUP SALMON w/ DILL SAUCE BROWN RICE ROASTED BROCCOLI FRESH BERRIES	<b>24</b> SOUP CAPRESE PASTA SALAD FARM-FRESH VEGETABLES BANANA VANILLA PUDDING	<b>25</b> SOUP HOT DOG BAKED BEANS CUCUMBER SALAD WATERMELON
<b>28</b> SOUP SUMMER VEGGIE QUICHE ROSEMARY POTATOES WHOLE-WHEAT BREAD FRESH PEACH	<b>29</b> SOUP CHICKEN SALAD OVER MESCLUN GREENS MARBLE-RYE BREAD GRAPES	<b>30</b> SOUP BUTTER-CRUMB COD w/ LEMON COCONUT RICE PILAF SUGAR SNAP PEAS ORANGE	<b>31</b> SOUP TURKEY-STUFFED PEPPERS BAKED SWEET POTATO KALE & BEET SALAD FRESH BERRIES	Meals meet dietary guidelines of one- third DRIs, as certified by Dietitian Elizabeth Margiotta, MS, CDN.

SUGGESTED CONTRIBUTION FOR MEALS IS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED.