Office for Senior Resources

Carmel Friendship Center

Sept - 2025 Menu

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tue	Wed	Thur	Fri
	2	3	4	5
CLOSED FOR HOLIDAY	SOUP	SOUP	SOUP	SOUP
ALL SITES CLOSED	STUFFED SHELLS W/ MARINARA	BUTTER-CRUMB COD	ROASTED TURKEY SANDWICH WITH	HUNGARIAN GOULASH
(NO DELIVERY OF	TOSSED VEGETABLE SALAD W/ DRESSING	SCALLOPED POTATO	AVOCADO MAYONNAISE	WHOLE GRAIN EGG NOODLES
HOME DELIVERED MEALS)	PLUM	FARM FRESH VEGETABLES	TOMATO CUCUMBER SALAD	ROASTED BROCCOLI
HOME DELIVERED MEALS)		BANANA	PEACH	APPLES
			BIRTHDAY TREAT	
	9	10	11	12
SOUP	SOUP	SOUP	SOUP	SOUP
CHICKEN SALAD WITH APPLES AND	OPENED FACE CORNED BEEF	FRESH SALMON WITH CITRUS COMPOUND	MEATLOAF WITH MUSHROOM	FISH AND CHIPS
GRAPES	REUBEN COLESLAW	BUTTER	GRAVY MASHED POTATO	PEAS
SPINACH SALAD	CLEMENTINE	RICE PILAF	FARM FRESH VEGETABLES	TAPIOCA PUDDING
FRESH PEACH		FARM FRESH VEGETABLES	CANTALOUPE	GRAPES
		PINEAPPLE		
i	16	17	18	19
SOUP	SOUP	SOUP	SOUP	SOUP
CHICKEN WITH BROCCOLI	ROASTED PORK LOIN WITH GRAVY	POTATO CRUSTED POLLOCK	QUICK CHICKEN CORDON BLEU	TUNA SALAD ON LETTUCE
BROWN RICE	MASHED POTATO	LEMON ORZO	RICE PILAF	3 BEAN SALAD
HOT ASIAN SPINACH	FARM FRESH VEGETABLES	FARM FRESH VEGETABLES	FARM FRESH VEGETABLES	PINEAPPLE
CLEMENTINE	PEAR	GRAPES	FRUITED JELLO	
	23	24	25	26
SOUP	SOUP	SOUP	SOUP	SOUP
BRAISED BRISKET	ROASTED CHICKEN WITH GRAVY	ROASTED SALMON WITH DILL SAUCE	RADICALLY ROASTED BEEF SANDWICH	CHICKEN CACCIATORE PENNE
CARROT TZIMMES	BAKED SWEET POTATO	FRUITED RICE PILAF	PASTA SALAD WITH VEGETABLES	GARDEN SALAD
POTATO KUGEL	FARM FRESH VEGETABLES	FARM FRESH VEGETABLES	HONEYDEW MELON	OATMEAL COOKIES
BAKED APPLE	PINEAPPLE	CANTALOUPE		MIXED FRUIT
	30		A	₩
SOUP	SOUP		She Core	*****
SALISBURY STEAK W/ GRAVY	ROASTED TURKEY BREAST W/ GRAVY			🚅 🥼 🌁 🐸
ROASTED POTATO	CRANBERRY SAUCE STUFFING			***
FARM FRESH VEGETABLES	FARM FRESH VEGETABLES			* *** **
GRAPES	APPLE		<i>y</i> = - <i>y</i> •	