




Office for Senior Resources

William Koehler Senior Center

Sept - 2025 Menu

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

| Mon | Tue | Wed | Thur | Fri |
|---|--|---|---|--|
| 1 CLOSED FOR HOLIDAY ALL SITES CLOSED (NO DELIVERY OF HOME DELIVERED MEALS) | 2 SOUP STUFFED SHELLS W/ MARINARA TOSSED VEGETABLE SALAD W/ DRESSING PLUM | 3 SOUP BUTTER-CRUMB COD SCALLOPED POTATO FARM FRESH VEGETABLES BANANA | 4 SOUP ROASTED TURKEY SANDWICH WITH AVOCADO MAYONNAISE TOMATO CUCUMBER SALAD PEACH BIRTHDAY TREAT | 5 SOUP HUNGARIAN GOULASH WHOLE GRAIN EGG NOODLES ROASTED BROCCOLI APPLES |
| 8 SOUP CHICKEN SALAD WITH APPLES AND GRAPES SPINACH SALAD FRESH PEACH | 9 SOUP OPENED FACE CORNED BEEF REUBEN COLESLAW CLEMENTINE | 10 SOUP FRESH SALMON WITH CITRUS COMPOUND BUTTER RICE PILAF FARM FRESH VEGETABLES PINEAPPLE | 11 SOUP MEATLOAF WITH MUSHROOM GRAVY MASHED POTATO FARM FRESH VEGETABLES CANTALOUPE | 12 SOUP FISH AND CHIPS PEAS TAPIOCA PUDDING GRAPES |
| 15 SOUP CHICKEN WITH BROCCOLI BROWN RICE HOT ASIAN SPINACH CLEMENTINE | 16 SOUP ROASTED PORK LOIN WITH GRAVY MASHED POTATO FARM FRESH VEGETABLES PEAR | 17 SOUP POTATO CRUSTED POLLOCK LEMON ORZO FARM FRESH VEGETABLES GRAPES | 18 SOUP QUICK CHICKEN CORDON BLEU RICE PILAF FARM FRESH VEGETABLES FRUITED JELLO | 19 SOUP TUNA SALAD ON LETTUCE 3 BEAN SALAD PINEAPPLE |
| 22 SOUP BRAISED BRISKET CARROT TZIMMES POTATO KUGEL BAKED APPLE | 23 SOUP ROASTED CHICKEN WITH GRAVY BAKED SWEET POTATO FARM FRESH VEGETABLES PINEAPPLE | 24 SOUP ROASTED SALMON WITH DILL SAUCE FRUITED RICE PILAF FARM FRESH VEGETABLES CANTALOUPE | 25 SOUP RADICALLY ROASTED BEEF SANDWICH PASTA SALAD WITH VEGETABLES HONEYDEW MELON | 26 SOUP CHICKEN CACCIATORE PENNE GARDEN SALAD OATMEAL COOKIES MIXED FRUIT |
| 29 SOUP SALISBURY STEAK W/ GRAVY ROASTED POTATO FARM FRESH VEGETABLES GRAPES | 30 SOUP ROASTED TURKEY BREAST W/ GRAVY CRANBERRY SAUCE STUFFING FARM FRESH VEGETABLES APPLE |  |  |  |