



Office for Senior Resources
Carmel Friendship Center
January 2026 — Menu



For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.gov/osr

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

Mon	Tue	Wed	Thur	Fri
Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.			1 CLOSED FOR HOLIDAY All sites closed No delivery of Home Delivered Meals <i>Happy New Year!</i>	2 NATIONAL CREAM PUFF DAY SOUP BALSAMIC CHICKEN SANDWICH W/ ROASTED PEPPERS AND MOZZARELLA THREE BEAN SALAD
5 SOUP MEATLOAF W/ MUSHROOM GRAVY ROASTED POTATO SUGAR SNAP PEAS BANANA	6 SOUP OVEN FRIED CHICKEN MACARONI & CHEESE CALIFORNIA BLEND VEGES BIRTHDAY TREAT	7 SOUP BAKED SWORDFISH CITRUS COMPOUND BUTTER BROWN RICE PILAF BERMUDA BLEND VEGES BANANA	8 SOUP JACKIES MEATSAUCE SPAGHETTI TOSSED SALAD GRAPES	9 SOUP BROCCOLI QUICHE W/ SAUSAGE HASH BROWN PATTY STEWED TOMATOES FRESH ORANGE
12 SOUP BRAISED BEEF W/ MUSHROOMS OVER NOODLES CARROTS APPLE	13 SOUP LENTIL STUFFED PEPPERS PEAS TOSSED SALAD PINEAPPLE	14 SOUP BAKED SALMON W/ DILL CORN O'BRIEN BROCCOLI APPLE	15 NATIONAL PASTRAMI DAY SOUP PASTRAMI ON RYE GERMAN POTATO SALAD SWEET AND SOUR CABBAGE FIG NEWTON	16 SOUP CHICKEN IN TOMATO CREAM SAUCE PENNE GREEN BEANS TOSSED SALAD GRAPES
19 CLOSED FOR HOLIDAY All sites closed No delivery of Home Delivered Meals <i>Happy MLK Day!</i>	20 SOUP BUTTER CRUMB COD TARTAR SAUCE FRUITED RICE PILAF BEETS APPLE	21 SOUP QUICK CHICKEN CORDON BLEU W/ DIJON GRAVY FRESH YAM PEAS AND ONIONS PINEAPPLE	22 SOUP HAMBURGER ON BUN W/ LETTUCE & TOMATO STEAK FRIES CARROTS CHOCOLATE PUDDING	23 SOUP ROAST PORK W/ GRAVY NOODLES BROCCOLI BANANA
26 SOUP RED CLAM SAUCE SPAGHETTI SPINACH TOSSED SALAD LEMON MERINGUE PIE	27 SOUP ITALIAN SAUSAGE BURGER W/ PEPPERS & ONIONS PRINCE EDWARD VEGETABLES BANANA	28 SOUP CHICKEN POT PIE SPINACH SALAD GRAPES	29 SOUP TURKEY MEATLOAF W/ MUSHROOM GRAVY CORN ON COB HERBED BROCCOLI & CAULIFLOWER POLONAISE ORANGE	30 SOUP ROAST BEEF W/ GRAVY MASHED POTATOES CARROTS APPLE

SUGGESTED CONTRIBUTION FOR MEALS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED.