



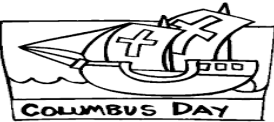
Office for Senior Resources

Friendship Center in Philipstown

October 2025— Menu

Philipstown...808-1705 Mahopac...808-1738 Carmel...808-1701 Putnam Valley...808-

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.gov/osr

Mon	Tue	Wed	Thu	Fri
Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.	SUGGESTED CONTRIBUTION FOR MEALS IS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED	1 SOUP POTATO CRUSTED POLLOCK SWEET POTATO NUGGETS OR CHEESE PIZZA PEAS AND ONIONS PINEAPPLE	2 SOUP BBQ CHICKEN THIGH CORN ON COB COLE SLAW WATERMELON	3 SOUP ROAST PORK W/ GRAVY APPLESAUCE SWEET POTATO CARROTS GRAPES
6 SOUP BEEF STROGANOFF NOODLES BRUSSEL SPROUTS BANANA	7 SOUP TURKEY CHILI CON CARNE OVER RICE CARROTS BIRTHDAY TREAT	8 SOUP BAKED SALMON W/ LEMON AND DILL CORN O'BRIEN CAULIFLOWER MELON	9 SOUP ROAST CHICKEN W/ GRAVY FRUITED RICE PILAF BROCCOLI CLEMENTINE	10 SOUP MANICOTTI GARDEN SALAD GARLIC KNOT APPLE
13 CLOSED FOR HOLIDAY All sites closed/ Home Delivered Meals will not be delivered 	14 SOUP LINGUINI WITH RED CLAM SAUCE ROASTED BROCCOLI DINNER ROLL ORANGE	15 SOUP MEATLOAF W/ MUSHROOM GRAVY MASHED POTATOES BEETS GRAPES	16 SOUP OPEN FACED TURKEY SANDWICH CRANBERRY SAUCE STUFFING CARROTS APPLE	17 SOUP CHICKEN LOUIE FRESH YAM CAULIFLOWER W/ PARSLEY BROWNIE
20 SOUP BUTTER CRUMB COD W/ SPANISH RICE OR CHEESE PIZZA GREEN BEANS APPLE PIE	21 SOUP CHICKEN SCHWARMA LEMON ORZO ZUCCHINI CLEMENTINE	22 SOUP FIESTA PORK ROAST FRESH YAM BRUSSEL SPROUTS BANANA	23 SOUP CHICKEN CACCIATORE PENNE W/ TOMATO SAUCE GARDEN SALAD MELON	24 SOUP ROAST BEEF W/ GRAVY MASHED POTATOES SPINACH PINEAPPLE
27 SOUP HOT DOG ON BUN BAKED BEANS 5 WAY VEGETABLES GRAPES	28 Harvest Jamoboree @ Putnam County Golf Course Site Closed Home Delivered Meals will be delivered	29 SOUP BAKED SALMON W/ LEMON AND DILL OVEN ROASTED POTATOES SPINACH BANANA	30 SOUP OPEN FACED CORNED BEEF RUBEN SWEET POTATO TOTS GREEN BEANS ORANGE	31 SOUP VEGETABLE FRITTATA STEWED TOMATOES SAUSAGE HASHBROWN M&M COOKIES