

Dec 2025

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
1 NYSDOL Resources 101 11 am – 12 pm Learning about Childcare Assistance Program 11 am – 12 pm Job Search Strategies 1 pm – 2 pm	2 Using Age to Your Advantage 11 am – 12 pm Roadmap to Getting Hired 11 am – 12:30 pm Upskilling 1 pm – 2 pm	3 SNAP Overview 11 am – 12 pm Networking 11 am – 12 pm Workforce Scheduler 1 pm – 2 pm	4 Social Media Strategies 11 am – 12 pm Interviewing Techniques 1 pm – 2:30 pm Self Motivation 1 pm – 2 pm	5 Chat with an Employment Counselor 11 am – 12 pm Public Speaking 1 pm – 2 pm
8 Avoiding Job Scams 11 am – 12 pm Building and Using your LinkedIn Profile 11 am – 12:30 pm Writing Effective Cover Letters 1 pm – 2 pm	9 Coping with Job Loss and Moving On 11 am – 12 pm Salary Negotiation 11 am – 12 pm Veterans Services and Resources 1 pm – 2 pm	10 An Overview of ACCES-VR Services 11 am – 12 pm Career Assessment & Exploration 11 am – 12 pm Resume Development 1 pm – 2 pm	11 Transferable Skills 11 am – 12 pm Virtual Career Center 1 pm – 2 pm Going to School to Get Back to Work 1 pm – 2 pm	12 The Power of Positivity 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
15 Learn New Skills with Coursera 11 am – 12 pm Spanish: Job Search Strategies 11 am – 12 pm Managing Stress During the Job Search 1 pm – 2 pm	16 Interviewing Techniques 11 am – 12:30 pm Worker Retention for Jobseekers with Disabilities 11 am – 12 pm Civil Service 1 pm – 2:30 pm	17 Skills Based Resume Writing 11 am – 12 pm Interview Stream: Interview Prep Tool 11 am – 12 pm Using Age to Your Advantage 1 pm – 2 pm	18 NYSDOL Training & Supportive Opportunities 11 am – 12 pm SUNY Microcredentials 11 am – 12 pm SUNY UCAWD 1 pm – 2 pm	19 Chat with an Employment Counselor 11 am – 12 pm
22 Job Search Strategies 11 am – 12 pm Give Yourself Credit: SUNY Empire Information Session 11 am – 12 pm Coping with Job Loss and Moving On 1 pm – 2 pm	23 Writing Effective Cover Letters 11 am – 12 pm Networking 1 pm – 2 pm Communication Skills 1 pm – 2 pm	24 Resume Development 11 am – 12 pm	25	26 Interviewing Techniques 1 pm – 2:30 pm
29 Civil Service 11 am – 12:30 pm Time Management 11 am – 12 pm Career Assessment & Exploration 1 pm – 2 pm	30 Job Fair Preparation 11 am – 12 pm Building and Using your LinkedIn Profile 1 pm – 2:30 pm Transferable Skills 1 pm – 2 pm	31 Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Roadmap to Getting Hired 1 pm – 2:30 pm		

Pre-Registration Required!
Click on the name of the workshop to register <https://on.ny.gov/careercalendar>

WE ARE YOUR DOL

