

Mar 2025

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Communication Skills 11 am – 12 pm</p> <p>Coping with Job Loss and Moving On 11 am – 12 pm</p> <p>Self Motivation 1 pm – 2 pm</p>	<p>4</p> <p>Avoiding Job Scams 11 am – 12 pm</p> <p>Learn New Skills with Coursera 11 am – 12 pm</p> <p>SNAP Overview 1 pm – 2 pm</p>	<p>5</p> <p>An Overview of ACCES-VR Services 11 am – 12 pm</p> <p>Job Search Strategies 11 am – 12 pm</p> <p>Resume Development 1 pm – 2 pm</p>	<p>6</p> <p>Job Fair Preparation 11 am – 12 pm</p> <p>Going to School to Get Back to Work 1 pm – 2 pm</p> <p>Networking 1 pm – 2 pm</p>	<p>7</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>
<p>10</p> <p>NYSDOL Resources 101 11 am – 12 pm</p> <p>Career Assessment & Exploration 11 am – 12 pm</p> <p>Writing Effective Cover Letters 1 pm – 2 pm</p>	<p>11</p> <p>Building and Using your LinkedIn Profile 11 am – 12:30 pm</p> <p>SUNY UCAWD 1 pm – 2 pm</p> <p>Interviewing Techniques 1 pm – 2:30 pm</p>	<p>12</p> <p>Give Yourself Credit: SUNY Empire Information Session 11 am – 12 pm</p> <p>Using Age to your Advantage 11 am – 12 pm</p> <p>Virtual Career Center 1 pm – 2 pm</p>	<p>13</p> <p>Roadmap to Getting Hired 11 am – 12:30 pm</p> <p>Civil Service 1 pm – 2:30 pm</p> <p>Transferable Skills 1 pm – 2 pm</p>	<p>14</p> <p>Chat with an Employment Counselor 11 am – 12 pm</p>
<p>17</p> <p>Spanish: Roadmap to Getting Hired 11 am – 12 pm</p> <p>Resume Development 11 am – 12 pm</p> <p>Communication Skills 1 pm – 2 pm</p>	<p>18</p> <p>The Power of Positivity 11 am – 12 pm</p> <p>Veterans Services and Resources 11 am – 12 pm</p> <p>Coping with Job Loss and Moving On 1 pm – 2 pm</p>	<p>19</p> <p>Upskilling 11 am – 12 pm</p> <p>Career Assessment & Exploration 1 pm – 2 pm</p> <p>Disclosure, Talking to Employers About Disability 1 pm – 2 pm</p>	<p>20</p> <p>Networking 11 am – 12 pm</p> <p>SUNY Microcredentials 11 am – 12 pm</p> <p>Job Search Strategies 1 pm – 2 pm</p>	<p>21</p> <p>Managing Stress during the Job Search 11 am – 12 pm</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>
<p>24</p> <p>Learning about Childcare Assistance Program 11 am – 12 pm</p> <p>Interviewing Techniques 11 am – 12:30 pm</p> <p>Building and Using your LinkedIn Profile 1 pm – 2:30 pm</p>	<p>25</p> <p>Writing Effective Cover Letters 11 am – 12 pm</p> <p>Worker Retention Services for Job Seekers with Disabilities 11 am – 12 pm</p> <p>Using Age to your Advantage 1 pm – 2 pm</p>	<p>26</p> <p>Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm</p> <p>Time Management 1 pm – 2 pm</p> <p>Public Speaking 1 pm – 2 pm</p>	<p>27</p> <p>Advanced Resume Writing/Skills Based Resume Writing 11 am – 12 pm</p> <p>Learn New Skills with Coursera 1 pm – 2 pm</p> <p>Cannabis 101 for Jobseekers with Justice-Involvement 1 pm – 2 pm</p>	<p>28</p> <p>Chat with an Employment Counselor 11 am – 12 pm</p>
<p>31</p> <p>Civil Service 11 am – 12:30 pm</p> <p>Transferable Skills 11 am – 12 pm</p> <p>Salary Negotiation 1 pm – 2 pm</p>				

Pre-Registration Required!
Click on the name of the workshop to register <https://on.ny.gov/careercalendar>

WE ARE YOUR DOL

