

Apr 2026

Ready to improve your skills and start on your ideal career?

NYS DOL is offering FREE virtual workshops on topics including resume writing, interviewing, transferable skills, and more. Sign-up for a virtual workshop today!

NYS DOL STATEWIDE VIRTUAL WORKSHOP SERIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>NYS DOL Training & Supportive Opportunities 11 am – 12 pm</p> <p>Upskilling 11 am – 12 pm</p> <p>Social Media Strategies 1 pm – 2 pm</p>	<p>31</p> <p>Using Age to Your Advantage 11 am – 12 pm</p> <p>Advanced Resume 1 pm – 2 pm</p> <p>Virtual Career Center 1 pm – 2 pm</p>	<p>1</p> <p>Job Search Strategies 11 am – 12 pm</p> <p>Time Management 1 pm – 2 pm</p> <p>Workforce Scheduler 1 pm – 2 pm</p>	<p>2</p> <p>Networking 11 am – 12 pm</p> <p>SNAP Overview 1 pm – 2 pm</p> <p>Writing Effective Cover Letters 1 pm – 2 pm</p>	<p>3</p> <p>Self-Motivation 11 am – 12 pm</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>
<p>6</p> <p>NYS DOL Resources 101 11 am – 12 pm</p> <p>Avoiding Job Scams 11 am – 12 pm</p> <p>Roadmap to Getting Hired 1 pm – 2:30 pm</p>	<p>7</p> <p>Building & Using your LinkedIn Profile 11 am – 12:30 pm</p> <p>Career Assessment & Exploration 11 am – 12 pm</p> <p>Learning New Skills with Coursera 1 pm – 2 pm</p>	<p>8</p> <p>An Overview of ACCES-VR 11 am – 12 pm</p> <p>Coping with Job Loss and Moving On 11 am – 12 pm</p> <p>Resume Basics 1 pm – 2 pm</p>	<p>9</p> <p>Transferable Skills 11 am – 12 pm</p> <p>Job Fairs: Tips for Success 1 pm – 2 pm</p> <p>Civil Service 1 pm – 2:30 pm</p>	<p>10</p> <p>Chat with an Employment Counselor 11 am – 12 pm</p>
<p>13</p> <p>Learning about Childcare Assistance Program (CCAP) 11 am – 12 pm</p> <p>Spanish: Job Search Strategies 11 am – 12 pm</p> <p>Networking 1 pm – 2 pm</p>	<p>14</p> <p>Going to School to Get Back to Work 11 am – 12 pm</p> <p>Advanced Resume 11 am – 12 pm</p> <p>Using Age to Your Advantage 1 pm – 2 pm</p>	<p>15</p> <p>Interviewing Techniques 11 am – 12:30 pm</p> <p>Veterans Services and Resources 1 pm – 2 pm</p> <p>Job Search Strategies 1 pm – 2 pm</p>	<p>16</p> <p>Writing Effective Cover Letters 11 am – 12 pm</p> <p>SUNY Microcredentials 11 am – 12 pm</p> <p>Communication Skills 1 pm – 2 pm</p>	<p>17</p> <p>The Power of Positivity 11 am – 12 pm</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>
<p>20</p> <p>Resume Basics 11 am – 12 pm</p> <p>Overview of the Federal Bonding Program 11 am – 12 pm</p> <p>Transferable Skills 1 pm – 2 pm</p>	<p>21</p> <p>Civil Service 11 am – 12:30 pm</p> <p>SUNY University Center for Academic and Workforce Development (UCAWD) 11 am – 12 pm</p> <p>Building & Using your LinkedIn Profile 1 pm – 2:30 pm</p>	<p>22</p> <p>Virtual Career Center 11 am – 12 pm</p> <p>Time Management 11 am – 12 pm</p> <p>Public Speaking 1 pm – 2 pm</p>	<p>23</p> <p>Skills Based Resume Writing 11 am – 12 pm</p> <p>Coping with Job Loss and Moving On 1 pm – 2 pm</p> <p>Give Yourself Credit: SUNY Empire Information Session 1 pm – 2 pm</p>	<p>24</p> <p>Chat with an Employment Counselor 11 am – 12 pm</p>
<p>27</p> <p>NYS DOL Training & Supportive Opportunities 11 am – 12 pm</p> <p>Using Age to Your Advantage 11 am – 12 pm</p> <p>Upskilling 1 pm – 2 pm</p>	<p>28</p> <p>Salary Negotiation 11 am – 12 pm</p> <p>The New York State Record Sealing Law 1 pm – 2 pm</p> <p>Interviewing Techniques 1 pm – 2:30 pm</p>	<p>29</p> <p>Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm</p> <p>Managing Stress During Job Search 1 pm – 2 pm</p> <p>Advanced Resume 1 pm – 2 pm</p>	<p>30</p> <p>Social Media Strategies 11 am – 12 pm</p> <p>InterviewStream: Interview Prep Tool 1 pm – 2 pm</p> <p>Career Assessment & Exploration 1 pm – 2 pm</p>	<p>1</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>

Pre-Registration Required!

Click the title of the workshop you would like to register for or visit: <https://on.ny.gov/careercalendar>



Department of Labor

WORKING FOR YOU