Dec 2026

Ready to improve your skills and start on your ideal career?

NYS DOL is offering FREE virtual workshops on topics including resume writing, interviewing, transferable skills, and more. Sign-up for a virtual workshop today!

NYS DOL STATEWIDE VIRTUAL WORKSHOP SERIES

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Communication Skills 11 am – 12 pm Resume Basics 11 am – 12 pm Social Media Strategies 1 pm – 2 pm	2 Career Assessment & Exploration 11 am – 12 pm Time Management 1 pm – 2 pm	3 Interviewing with Confidence 11 am – 12:30 pm NY.gov: How to Create and Maintain your Account 1 pm – 2 pm Job Search Strategies 1 pm – 2 pm	4 Chat with an Employment Counselor 11 am – 12 pm
7 Transferable Skills 11 am – 12 pm Learning about Childcare Assistance Program 11 am – 12 pm Advanced Resume 1 pm – 2:30 pm	8 Coping with Job Loss and Moving On 11 am – 12 pm How to Certify Weekly for your Unemployment Benefits 1 pm – 1:30 pm Building and Using your LinkedIn Profile 1 pm – 2:30 pm	9 An Overview of ACCES-VR Services 11 am – 12 pm Learn New Skills with Coursera 11 am – 12 pm Writing Effective Cover Letters 1 pm – 2 pm	10 Civil Service 11 am – 12:30 pm Give Yourself Credit: SUNY Empire Information Session 1 pm – 2 pm Networking 1 pm – 2 pm	11 The Power of Positiviy 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
14 Using Age to Your Advantage 11 am – 12 pm Spanish: Job Search Strategies 11 am – 12 pm Self Motivation 1 pm – 2 pm InterviewStream: An Interview Prep Tool 1 pm – 2 pm	15 Job Search Strategies 11 am – 12 pm SUNY UCAWD 11 am – 12 pm Interviewing with Confidence 1 pm – 2:30 pm	16 NY.gov How to Create and Maintain your Account 11 am – 12 pm Veterans Services and Resources 11 am – 12 pm Resume Basics 1 pm – 2 pm	17 NYS Division of Criminal Justice: County Reentry Task Forces: Overview of Services Provided 11 am – 12 pm Transforming your Career through Education 11 am – 12 pm SUNY Microcredentials 1 pm – 2 pm	18 Chat with an Employment Counselor 11 am – 12 pm
21 How to File an Unemployment Insurance Claim 11 am – 12 pm Building and Using your LinkedIn Profile 11 am – 12:30 pm Civil Service 1 pm – 2:30 pm	22 Writing Effective Cover Letters 11 am – 12 pm How to Certify Weekly for your Unemployment Benefits 11 am – 11:30 am Transferable Skills 1 pm – 2 pm	23 Advanced Resume 11 am – 12:30 pm Workforce Scheduler 1 pm – 2 pm Reasonable Accommodation, It's Easier Than You Think 1 pm – 2 pm	24 Public Speaking 11 am – 12 pm Career Assessment & Exploration 1 pm – 2 pm	25
28 Coping with Job Loss and Moving On 11 am – 12 pm Salary Negotiation 11 am – 12 pm Maintaining your Unemployment Account 1 pm – 1:30 pm	29 Networking 11 am – 12 pm Avoiding Job Scams 11 am – 12 pm Skills Based Resume Writing 1 pm – 2 pm	30 Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Using Age to Your Advantage 1 pm – 2 pm Virtual Career Center 1 pm – 2 pm	31 Managing Stress during the Job Search 11 am – 12 pm NYSDOL Training & Supportive Opportunities 1 pm – 2 pm	

Pre-Registration Required!

Click the title of the workshop you would like to register for or visit: https://on.ny.gov/careercalendar

NEW YORK STATE | Department of Labor

WORKING FOR YOU