

Mar 2026

Ready to improve your skills and start on your ideal career?

NYS DOL is offering FREE virtual workshops on topics including resume writing, interviewing, transferable skills, and more. Sign-up for a virtual workshop today!

NYS DOL STATEWIDE VIRTUAL WORKSHOP SERIES

Monday	Tuesday	Wednesday	Thursday	Friday
2 Networking 11 am – 12 pm Time Management 1 pm – 2 pm Workforce Scheduler 1 pm – 2 pm	3 Career Assessment & Exploration 11 am – 12 pm Worker Retention for Jobseekers with Disabilities 11 am – 12 pm Job Fairs: Tips for Success 1 pm – 2 pm	4 SNAP Overview 11 am – 12 pm NYS DOL Resources 101 11 am – 12 pm Job Search Strategies 1 pm – 2 pm	5 Avoiding Job Scams 11 am – 12 pm Communication Skills 1 pm – 2 pm Writing Effective Cover Letters 1 pm – 2 pm	6 Chat with an Employment Counselor 1 pm – 2 pm
9 Roadmap to Getting Hired 11 am – 12:30 pm Spanish: Job Search Strategies 11 am – 12 pm Resume Basics 1 pm – 2 pm Building & Using your LinkedIn Profile 1 pm – 2:30 pm	10 Interviewing Techniques 11 am – 12:30 pm SUNY Microcredentials 11 am – 12 pm Civil Service 1 pm – 2:30 pm	11 An Overview of ACCES-VR 11 am – 12 pm Using Age to Your Advantage 11 am – 12 pm Managing Stress During Job Search 1 pm – 2 pm	12 Coping with Job Loss and Moving On 11 am – 12 pm Self-Motivation 11 am – 12 pm Going to School to get Back to Work 1 pm – 2 pm	13 Chat with an Employment Counselor 11 am – 12 pm
16 Learning about Childcare Assistance Program (CCAP) 11 am – 12 pm Job Search Strategies 11 am – 12 pm Transferable Skills 1 pm – 2 pm	17 Learn New Skills with Coursera 11 am – 12 pm SUNY University Center for Academic and Workforce Development (UCAWD) 1 pm – 2 pm Networking 1 pm – 2 pm	18 Advanced Resume 11 am – 12 pm Veterans Services and Resources 1 pm – 2 pm Career Assessment & Exploration 1 pm – 2 pm	19 Writing Effective Cover Letters 11 am – 12 pm What is a T.A.P.E.R Why is it an important document to have if previously incarcerated 11 am – 12 pm Skills Based Resume Writing 1 pm – 2 pm	20 The Power of Positivity 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
23 Resume Basics 11 am – 12 pm Give Yourself Credit: SUNY Empire Information Session 1 pm – 2 pm Interviewing Techniques 1 pm – 2:30 pm	24 Building & using your LinkedIn Profile 11 am – 12:30 pm Salary Negotiation 1 pm – 2 pm Transferable Skills 1 pm – 2 pm	25 Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Coping with Job Loss and Moving On 1 pm – 2 pm Employment Incentives for Govt. Jobs: What Job Seekers with Disabilities Need to Know 1 pm – 2 pm	26 Civil Service 11 am – 12:30 pm InterviewStream: Interview Prep Tool 11 am – 12 pm Public Speaking 1 pm – 2 pm	27 Chat with an Employment Counselor 11 am – 12 pm
30 Upskilling 11 am – 12 pm NYS DOL Training & Supportive Opportunities 11 am – 12 pm Social Media Strategies 1 pm – 2 pm	31 Using Age to Your Advantage 11 am – 12 pm Virtual Career Center 1 pm – 2 pm Advanced Resume 1 pm – 2 pm	1 Job Search Strategies 11 am – 12 pm Time Management 1 pm – 2 pm Workforce Scheduler 1 pm – 2 pm	2 Networking 11 am – 12 pm SNAP Overview 1 pm – 2 pm Writing Effective Cover Letters 1 pm – 2 pm	3 Chat with an Employment Counselor 1 pm – 2 pm

Pre-Registration Required!

Click the title of the workshop you would like to register for or visit: <https://on.ny.gov/careercalendar>



**Department
of Labor**

WORKING FOR YOU