Nov 2026

Ready to improve your skills and start on your ideal career?

NYS DOL is offering FREE virtual workshops on topics including resume writing, interviewing, transferable skills, and more. Sign-up for a virtual workshop today!

NYS DOL STATEWIDE VIRTUAL WORKSHOP SERIES

Monday	Tuesday	Wednesday	Thursday	Friday
2 Self Motivation 11 am – 12 pm Coping with Job Loss and Moving On 1 pm – 2 pm	3 Public Speaking 11 am – 12 pm SNAP Overview 1 pm – 2 pm	4 Overview of ACCES-VR Services 11 am – 12 pm How to Certify Weekly for your Unemployment Benefits 1 pm – 2 pm	5 InterviewStream: Interview Prep Tool 11 am – 12 pm Maintaining your Unemployment Account 1 pm – 2 pm	6 NY.gov: How to Create and Maintain your Account 11 am – 12 pm How to File an Unemployment Insurance Claim 1 pm – 2 pm
9 Career Assessment & Exploration 11 am – 12 pm	10 Job Search Strategies 1 pm – 2 pm	11 **Veterans Day – No Virtual Workshops**	12 NY.gov: How to Create and Maintain your Account 11 am – 12 pm How to Certify Weekly for your Unemployment Benefits 1 pm – 2 pm	13 How to File an Unemployment Insurance Claim 11 am – 12 pm Maintaining your Unemployment Account 1 pm – 2 pm
16 How to Certify Weekly for your Unemployment Benefits 11 am – 12 pm Resume Basics 1 pm – 2 pm	17 NY.gov: How to Create and Maintain your Account 11 am – 12 pm Interviewing with Confidence 1 pm – 2 pm	18 How to File an Unemployment Insurance Claim 11 am – 12 pm Communication Skills 1 pm – 2 pm	19 Maintaining your Unemployment Account 11 am – 12 pm The Power of Positivity 11 am – 12 pm	20 Virtual Career Center 11 am – 12 pm Networking 1 pm – 2 pm
23 How to File an Unemployment Insurance Claim 11 am – 12 pm NY.gov: How to Create and Maintain your Account 1 pm – 2 pm	24 Maintaining your Unemployment Account 11 am – 12 pm	25 How to Certify Weekly for your Unemployment Benefits 11 am – 12 pm Choosing a Career Path After Acquiring a Disability 1 pm – 2 pm	26 **Thanksgiving Day – No Virtual Workshops**	27 **Black Friday – No Virtual Workshops**
30 Building and Using your LinkedIn Profile 11 am – 12:30 pm Using Age to your Advantage 1 pm – 2 pm Workforce Scheduler 1 pm – 2 pm				

Pre-Registration Required!

Click the title of the workshop to register for or visit:
https://on.ny.gov/careercalendar

Auxiliary aids and services available upon request for individuals with disabilities.

NEW YORK STATE | Department of Labor

WORKING FOR YOU