



# ANCHOR *of* HOPE



— HELPING OUR YOUTH PERSEVERE EVERY DAY —

A PROGRAM OF THE PUTNAM COUNTY YOUTH BUREAU



*Nothing About Us Without Us*

*This program allows participants to connect with others facing similar challenges in a safe and confidential environment.*



**PIZZA & SNACKS PROVIDED**



## WHEN & WHERE

Anchor of Hope takes place on  
**THURSDAY EVENINGS**  
**6:00 to 7:30 PM**

Putnam County Youth Bureau  
at Tilly Foster Farm  
100 Route 312, Bldg. 7  
Brewster, NY 10509



## SCHEDULED 2026 DATES

- Oct. 15, 22, 29
- Nov. 5, 12, 19
- Dec. 3, 10



## THIS PROGRAM IS ABOUT:

- Understanding alcohol and drug dependency
- Coping skills
- Fun activities
- New friends

This **free and confidential** program provides a fun, engaging, and supportive environment for children **ages 5 to 16** who have a parent or family member struggling with alcoholism or other drug dependencies. Children and their adult caregivers participate together in activities designed to foster **connection and resilience**.



## FOR MORE INFORMATION OR TO REGISTER CONTACT:

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AND THE PUTNAM COUNTY YOUTH BUREAU