

KEVIN BYRNE
County Executive

SARA SERVADIO
Commissioner

NICOLLE McGUIRE
Deputy Commissioner



JANEEN CUNNINGHAM
Executive Director

KIMBERLY REALBUTO
Deputy Director

YOUTH BUREAU

Anchor of Hope – Fall 2026

Dates: Thursdays, October 15, 22, 29, November 5, 12, 19, December 3, 10

Time: 6:00 PM – 7:30 PM

Location: Putnam County Youth Bureau

Tilly Foster Farm

100 Route 312, Building 7

Brewster, NY 10509

What is the Anchor of Hope?

The Anchor of Hope is a confidential educational program for children ages 5–16 who have a parent or family member struggling with alcoholism or other drug dependencies.

Program Goals:

- Help youth understand addiction and its impact.
- Teach coping skills and healthy emotional alternatives.
- Show children they are not alone—others share similar experiences.
- Provide knowledge about the increased risk of addiction for children in these circumstances.

Parents and caregivers (including those in recovery or co-dependents) also participate in separate support groups.

How Does It Work?

- Eligibility: Children ages 5–16 residing in Putnam County. Each child must be accompanied by at least one adult.
- Cost: Free for families.
- Schedule: Offered twice a year (Spring & Fall) on Thursday evenings.
- Format: Youth and adults meet in separate groups.
- Extras: Pizza provided weekly for attending families.
- Confidentiality: Always respected to create a safe environment.

Pre-Registration Required

For more information or to register, please contact:

Sheila Hanley – Program Coordinator

☎ (845) 808-1600, Ext. 46126

✉ sheilaj.hanley@putnamcountyny.gov

✉ hope@putnamcountyny.gov

PUTNAM COUNTY YOUTH BUREAU

Tilly Foster Farm ~ 100 Route 312 ~ Building 7 ~ Brewster, New York 10509

(845) 808-1600 ~ Fax (845) 808-1907